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Just to be fully clear, I'm out

 Alta. MP Brent Rathgeber has resigned from the Tory caucus, citing persistent lack of transparency **PAGE 10**

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WITH NO TIME TO SPARE

Elaine Knudtson, principal at Calgary's Balmoral School, stands near a clock tower that finally, after a century, contains clocks — sort of. Staff and parents actually secured grants to install stationary aluminum pieces after facing stiff costs for a real clock. Read about the numerous efforts over the years to put a clock in the tower and the upcoming centennial celebration on page 4. JEREMY NOLAIS/METRO

Parking crunch sees Calgarians scalping spaces

West LRT. Westernmost station has a waiting list 600 names long to reserve a parking spot

 JEREMY NOLAIS
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Commuters are issuing pleas online and going door-to-door along Calgary's West LRT route in hopes of finding a place to park their vehicles.

One month after the line's long-awaited December 2012 opening, wait lists had formed for reserved spots at both the Sirocco and 69th Street S.W. stations. Transit is allowed to reserve up to half the available stalls for those paying a monthly fee of \$70.

When Elbow Valley resi-

dent Sondra Bohna went to sign up for a spot in April after taking a part-time job downtown, she learned she was No. 600 on the wait list.

Frustrated, she went door-to-door in neighbourhoods near West LRT stations, hoping to rent a parking space in someone's driveway or carport. One Westbrook resident offered up a spot for \$200 per month.

Finally, Bohna found a woman subletting a reserved space and has worked out a break-even arrangement that sees her pay the standard \$70.

But others appear intent on turning a profit. A Kijiji post put up last month from a person claiming to be at the top of the 69th Street wait list reads: "Will sell my place in line for \$200 (or best offer)."

Metro also tracked down a similar post advertising a

spot at Sirocco, despite Calgary Transit spokesperson Ron Collins indicating Wednesday there were still dozens of spots available.

In December, Grace Lin awoke in the middle of the night to reserve a spot at the 69th Street Station. She is currently subletting the space but was recently approached by someone offering \$240 to take it over. Lin said she has seen others advertising their home garages and other spaces for hefty prices.

"I'm not letting it go because I will eventually need the spot," she said.

Collins said there's no way to transfer a spot on an LRT parking wait list, which requires registrants to enter a licence-plate number online, but added that subletting and selling spaces is left out of his organization's hands.

 What does your freedom look like?
 Turn to page 10




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Dangerous online dating

HIV-positive man charged with sexual assault

Police are alleging an HIV-positive man continued to meet with women through online-dating websites despite a court order to stay off the Internet.

It's also now alleged by city investigators that John Joseph McNamara, 41, sexually assaulted a woman in December that he previously met at a social function.

That assault came prior to charges being laid by RCMP in connection with two other aggravated sexual assaults.

McNamara was granted bail in March during court proceedings on the RCMP-led investigation, during which it was revealed he is HIV-positive, but was ordered to stay away from devices with Internet access.

On Tuesday, however, he was arrested by city police and charged with aggravated sexual assault and breach charges.

Calgary police Staff Sgt. Ryan Jepson could not comment specifically on McNamara's health but said investigators were releasing a warning and photo of the suspect to the public to alert anyone else who may have been involved romantically with him.

JEREMY NOLAIS/METRO



John Joseph McNamara
CONTRIBUTED BY CALGARY POLICE



City council has voted in favour of a bylaw that would ban smoking at outdoor pools, rinks, fields, playgrounds and skate parks this summer. ROBSON FLETCHER/METRO

City may ban cigs in outdoor rec areas

Personal connection.

Ald. Andre Chabot recently quit smoking after starting at age seven due to peer pressure



ROBSON FLETCHER
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Smoking at outdoor recreation areas in Calgary looks likely to be banned as of Aug. 1 after a city committee voted by a 7-2 margin on Wednesday in favour of a new bylaw.

The proposed rules would outlaw smoking within five metres of outdoor pools,

skating rinks, playgrounds, skate parks and sports fields.

The bylaw's sponsor, Ald. Andre Chabot, said most people already expect places like skate parks and pools to be smoke-free, but he wanted to see the rules codified and expanded to more public spaces, as well.

"This covers some other areas that common sense would dictate that they should be non-smoking, but there isn't a bylaw specifically to state that it is," he said.

Ald. Jim Stevenson and Ald. Shane Keating were the only two committee members to vote against the new rules.

Keating said he supported

most of what's contained in the bylaw except for the five-metre rule, which he said would mean some sidewalks, streets and even private property would be included in the smoking ban, according to the letter of the law.

"Someone walking by technically could get a ticket," he said. "I didn't think that was fair."

Sarah Hawkins of the Canadian Cancer Society applauded the move, saying the less kids witness smoking in public areas, the less likely they are to take up the habit.

"With them we see a lot of it is monkey-see, monkey-do," she said. "So if we can keep it out of sight we can keep it out of mind."

The bylaw

- The bylaw still needs to go before council for three readings and a full vote, which is expected to happen June 24.
- To pass, the bylaw would only need eight of council's 15 members to vote in favour of it, which is likely to happen since seven of nine aldermen on the community and protective services committee supported it Wednesday.
- The fine for violations of the bylaw would be \$100.

Indecisive report on tainted beef leaves bad taste

Nearly a year after tainted Alberta beef sickened 18 people, briefly blocked exports to the U.S. and cast doubts on the safety of Canada's food supply, no one can say for sure what led to the largest meat recall in Canadian history.

It could have been a horde of germs from a contaminated animal passing through a super shredder, a new report suggests. Or an improperly decontaminated

carcass. Or simply a case of too much bacteria for the plant to handle.

One thing is for certain: Neither staff nor federal inspectors at the XL Foods plant in Brooks, Alta., were taking food safety seriously enough last September to prevent the crisis from happening, a three-member review panel has concluded.

"In short, we found a weak food-safety culture at the

Brooks plant, shared by both plant management and CFIA staff," says the report released Wednesday.

The governing Conservatives welcomed the report with plans to spend \$16 million over three years to set up inspection teams, complete with 30 new inspectors, to do spot checks on all food plants across the country.

The contamination at the XL Foods plant last Septem-

ber left thousands of tonnes of suspect beef to be disposed of in what the report described as the largest such recall ever in Canada.

At the time of the E. coli outbreak, the plant was the largest Canadian-owned beef slaughter facility in the country.

It is now owned and operated by JBS Food Canada, a subsidiary of JBS South America. **THE CANADIAN PRESS**



A report on an XL Foods beef recall found safety attitudes weren't up to par at the plant, prior to the massive recall. THE CANADIAN PRESS

Accused in alleged assisted-suicide appears in court

A U.S. woman charged with aiding the suicide of her mother in an Alberta mountain town has been ordered to undergo a psychiatric assessment.

The defence lawyer for Linda Jean McNall has told court there are concerns her

client may also be suicidal. Marissa Tordoff said it's possible the 53-year-old could have a mental disorder and be found not criminally responsible for the alleged crime.

McNall, in custody at the Edmonton Remand Centre, appeared briefly in court with

her lawyer via video. A stocky woman with short hair and a flushed face, the accused stood without saying a word.

Her mother, Shirley Vann, was found dead last month inside a vehicle parked in front of the hospital in Hinton, about 300 kilometres west of

Edmonton.

McNall was admitted to hospital with injuries that weren't life-threatening and charged by RCMP four days later.

Crown prosecutor Bob Marr said outside court that investigators are still trying

to piece together what happened. There's some indication Vann, who was in her 70s, was poisoned by carbon monoxide, but autopsy results are not complete, he said.

Marr believes the mother and daughter had been on holiday in Canada from Ari-

zona or Idaho for about three weeks to a month before Vann died.

A judge ordered that McNall be assessed by doctors over the next 30 days at Alberta Hospital in Edmonton. She is to appear in court again July 3. **THE CANADIAN PRESS**

Clocks (finally) in: Balmoral School gets with the times

Century in the making. Efforts over the decades to put timepieces in tower never came through



JEREMY NOLAÏS
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They may not tick tock, but staff and parent volunteers at a northwest Calgary school have poured their time into getting massive makeshift clocks installed just in time for a centennial celebration.

When it opened in 1913, Balmoral School featured a clock tower rising from its centre, but a massive timepiece intended for the spire was never installed.

"One of the legends is that (the clock) was built in 1913 but it went down with the Titanic, which is just a myth," said current principal Elaine Knudtson, adding that a series of world events, starting with the First World War, diverted money away from the project.

Fundraising efforts started and stopped over the years — by coincidence, Knudtson said she once met some Balmoral alumni on an airplane who claimed they attempted

Blast from the past

This song was featured at a Balmoral School concert in the late 1950s:

- "Old Clock over head,
Still no clock when we
go to bed, No clock
wakes us in the morn,
No clock since our school
was born. Chop suey."

to host a bake sale with the proceeds going to fund the clock, but the cost was too steep.

Then came preparations three years ago for Balmoral's centennial, which will be officially celebrated June 21, and a renewed push to get a clock.

A committee of staff and volunteers originally found a company willing to do the job for \$8,000; however, overseeing Calgary Board of Education officials determined that bringing the space up to code would cost \$130,000.

"Let's face it, it's a 100-year-old clock tower," Knudtson said. "The stairs are rickety and all kinds of stuff like that."

So, the committee settled with a purchase of four aluminum timepieces to be installed on the tower's exterior at a cost of \$20,000. The pieces were covered by grants



Crews are seen installing aluminum clock pieces at Calgary's Balmoral School over the weekend. CONTRIBUTED/BALMORAL SCHOOL

from the Alberta government and BP Energy and installed over the weekend.

Clocks or no clocks, the tower is a famous part of Balmoral's history, said former student Usman Elahi. Every

year, graduates write their names on the walls in the stairwell leading up to the tower.

"It's cool, there's people in there from the 1940s," he said.

Balmoral's new clock pieces are set permanently at 4:05 p.m., the exact time of the school's end-of-day bell in 1913.

"It will be right twice a day," Knudtson said.

Adult store stripped of products that can get buyers high



The leather-cleaner product Blue Boy and others can be used to get high, according to Health Canada. CONTRIBUTED/HEALTH CANADA

Health Canada removed eight products from a northwest Calgary adult shop last week amid fears consumers were using the items to get high.

The products, sold at Saints N Sinners at 1715 Centre St. N.W., were labelled as leather cleaners and liquid incense products but may pose health risks if inhaled or swallowed, Health Canada said in a release.

"Health Canada continues to work with the Canada Border Services Agency to help prevent these products from entering Canada," the organization stated.

The products, with names like The Orange Jungle Juice Plus and Blue Boy, are also known by the street name "poppers" among users. They typically contain amyl nitrite, butyl nitrite or isobutyl nitrite, all of which are con-

sidered drugs under federal regulations.

Combining "poppers" with alcohol or other drugs can make the side-effects even worse, Health Canada said.

But an employee at the shop reached Wednesday morning accused Health Canada of "picking on us."

"There are so many things you can use to get high," said the man who identified him-

self only as Henry. "What are we going to do? Stop selling cleaner products, stop selling glue? Kids use those things to get high."

Henry said Health Canada seized about \$1,200 worth of products. He said every adult store in the city is selling similar leather-cleaning products and that he filed a complaint about one other competitor but nothing was done.

JEREMY NOLAÏS/METRO

Show of support. Huge crowd at city hall pleased as aldermen approve Calgary arts plan

Aldermen approved an arts-development strategy for Calgary on Wednesday after hearing from citizens who gathered en masse to speak in favour of it.

The committee meeting was moved from its usual location in the basement of old city hall to the much larger council chambers in order to accommodate the crowd, and even then there wasn't enough room.

"I can't think of a time when we filled the council chambers and the overflow room with people who are in support of something," Ald. Druh Farrell said.

Among the people who spoke in support of the plan was Avalon Short, a Grade 10 student at Westmount Charter School and finalist in this year's ConocoPhillips Youth of Distinction Awards, who said the arts are so much more than "just entertainment."

"The arts create friendships, learning experiences and give us all chances to grow," she told the committee.

"When I was in Grade 7, I was being picked on and all my confidence was squashed until my drama teacher gave me the chance to help write and then direct the school production."

The plan outlines ways to foster the arts community in Calgary and build on the city's 2012 "Cultural Capital of Canada" designation.

It's now set to return to a strategic planning session of council in December.

ROBSON FLETCHER/METRO



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Calgary Parks Foundation CEO Myrna Dube talks about the new off-leash area on Wednesday. ROBSON FLETCHER/METRO

New off-leash park gone to the dogs

Jim Davidson Bark and Play. 11-acre area is specifically designed to train, exercise and socialize our four-legged friends



ROBSON FLETCHER

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Calgary's newest off-leash area was designed from the ground up from a dog's point of view, the city and Parks Foundation of Calgary announced on Wednesday.

The Jim Davidson Bark and Play Off-Leash Area will feature an agility run, weave poles, a dog fountain and other elements built specifically with dog behaviour in mind.

The project is being personally funded by First-

Energy Capital CEO Jim Davidson, who said he decided to donate \$650,000 in part because he is an avid dog owner himself.

"It was important to me," Davidson said. "This is not just a dog park. This is an enhanced one."

"You can use it to train your dog, you can use it to socialize to your dog, you can use it to build on good habits and get rid of bad habits."

The Calgary Humane Society assisted in the design of the fully fenced, 11-acre off-leash area, to be built near the intersection of 52 Street and Auburn Bay Drive S.E.


Parks Foundation CEO Myrna Dube said the off-leash area will connect to the Calgary Greenway — a 138-kilometre trail that will eventually circle the entire city, that her organization is also spearheading.

Release the hounds

City parks manager Doug Marter said Calgary already has "well over" 150 off-leash areas, but this project will add something new to the city's amenities for dog owners. "We are very happy to see this and very supportive of it," he said. "We think this is an excellent project."

- The city's off-leash areas currently cover the equivalent of 1,600 Canadian football fields, Marter noted.

Both the off-leash area and Phase 2 of the Greenway, which covers a major section of southeast Calgary, should be complete by the end of the year, Dube said.



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A sketch of the Mewata Armoury done by Calgary artist Daniel J. Kirk. ANGEL GUERRA/CONTRIBUTED

Market Collective finds a new home

Anniversary. Group has been working to secure new spot since they lost theirs in Kensington



KATIE TURNER
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Just in time to celebrate their fifth anniversary, Market Collective has found a new home — at least temporarily.

The market, which brings together dozens of artists to sell their work, will be setting up shop at the Mewata Armoury at 801-11 St. S.W. for at least one weekend, July 19 to 21.

"We've been working on

this for four or five months," said co-founder Angel Guerra.

She added that the group has been working to find a new spot after losing the space they occupied in Kensington at the Anthill Building.

Market Collective moved temporarily to a location on International Avenue, but Guerra said they haven't hosted an event since February.

While the current agreement with the armoury is for a one-time use, Guerra said she's hopeful it can blossom into a future partnership.

Guerra said the size of the space will allow them to accommodate about 90 vendors — double their normal amount.

"We have some awesome

Details

- Applications are still being accepted from artists wanting to set up booths at the upcoming Market Collective.
- The cost for an artist to rent a spot ranges from \$150 to \$650, depending on the size of the space.

things lined up: There's going to be a food-truck festival outside and there's going to be a small farmer's market inside, so we're changing things up a little bit," she said.

For more information, visit marketcollective.ca.

Stand Off, Alta. Police arrest suspected drunk school-bus driver

Police in southern Alberta have charged a school-bus driver with impaired driving.

The Blood Tribe Police say they received a tip Wednesday morning of a possibly drunk driver operating a school bus with 12 children on board in the community of Stand Off.

Police responded and ar-

rested the driver.

Larry Cross Child is charged with impaired driving and refusing to provide a breath sample.

He is to appear in court July 29 in Cardston.

The children were driven to class safely in another school bus by another driver.

THE CANADIAN PRESS

USED CARS TO BE SOLD FOR \$1.00

Carl Holst, Sales Manager of StampedeToyota, just announced plans to hold a One dollar used car and truck sales event Taking Place Saturday June 8 2013. According to Mr. Holst record sales from the last few months have resulted in an overstock of trade-ins. "In the last three months our sales have increased at a tremendous rate", Holst said. "Now, we must reduce the number of cars and trucks on our used lot to a more manageable number. During this One dollar sale every used car and truck will be sold for hundreds or thousands below its original price." Mr. Holst said. "In fact, cars that normally sell for five to eight thousand dollars will be sold for three to five thousand," Mr. Holst said. "Our customers will find these prices even lower than at wholesale auctions."

used car at the lowest price possible, including cars for only One dollar. **All cars will be on display at Stampede Toyota on Barlow Trail, 2 blocks**

Calgary's largest Toyota certified used vehicle dealer is overstocked and is forced to sell used cars and trucks for as low as One dollar, Saturday June 8, 2013 during a one-day sale event.

north of the Trans Canada Highway.

At 8:00 am all vehicles will be opened so that buyers may inspect the vehicles for one hour before the sale begins at 9:00am when the prices are posted on the windshield you will be given the first opportunity to purchase the vehicle at the sale price. This innovative approach to selling used vehicles will make it easy and quick for anybody in the market for a good used vehicle to get a great car or truck at a very low price with no hassle.

"Wholesale buyers will be rep-

resented to take trade-ins during the sale," Mr. Holst said. "We also have three business managers who will help buyers arrange low-cost financing. We've got over \$10 Million Dollars in inventory to choose from. Our total inventory will be close to 400 new and used cars and trucks. We want to remind everyone that this is a one-day sale only. When our inventory has been reduced, we will remove the sale prices and return to normal operations. Since we are a local business we would like to give back to the community," Mr. Holst said. "We would rather allow local people to buy these overstocked vehicles than wholesale them at an auction." All cars will be reduced every hour and then there will be 6 cars that will be reduced every hour until they get to \$1. These special \$1 sale cars are in a separate section at the front of the dealership. Due to the volume of sales during this event, please no telephone inquiries.

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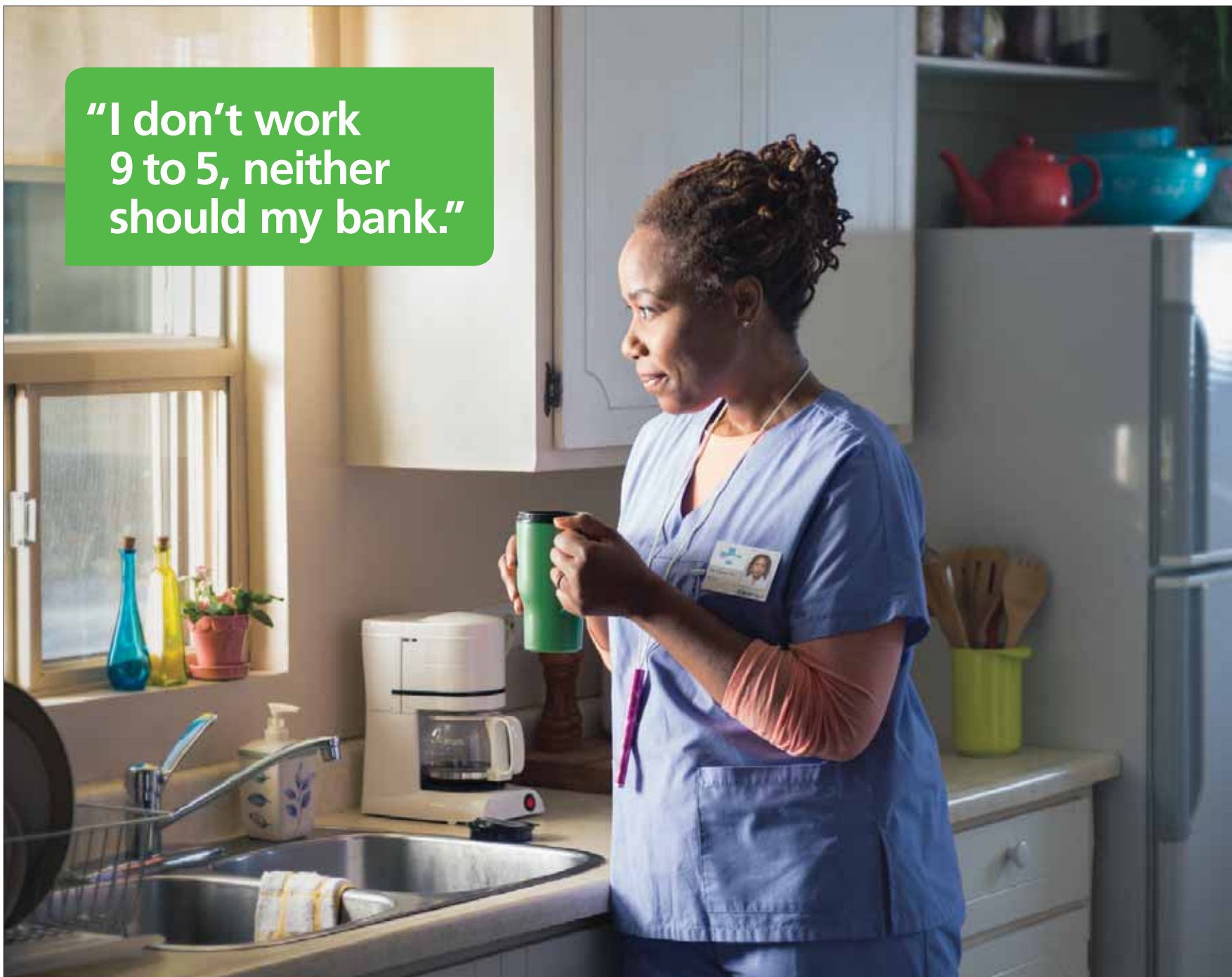
Bill is in the mail

Property owners should have received mail from the City of Calgary.

The city mailed out around 460,000 residential and non-residential tax bills on May 24, and those who have yet to receive a bill are asked to call 311.

Taxes are due June 28, and the city warns a seven per cent penalty will be applied to any unpaid property taxes on July 1 and Oct. 1. **METRO**

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White House. Obama tags Rice as security advisor despite GOP objections

Shaking up his national security team, U.S. President Barack Obama tapped diplomat Susan Rice as his national security adviser, defying Republicans who vigorously criticized her explanation about the attack on Americans in Benghazi, Libya.

"Susan is the consummate public servant — a patriot who puts her country first," Obama said while announcing Rice's appointment Wednesday during a Rose Garden ceremony.

Rice will take over the top national security post from Tom Donilon, who is resigning after four years in the White



Susan Rice speaks in the Rose Garden of the White House in Washington Wednesday. PABLO MARTINEZ MONSIVAIS/AP

House. Obama lauded the 58-year-old Donilon for having "shaped every single national security policy of my presidency," including the renewed U.S. focus on ties with Asia. **THE ASSOCIATED PRESS**

White House shakeup

Obama also announced the nomination of former White House aide Samantha Power to replace Rice as U.S. ambassador to the United Nations.

- It's unclear whether the

changes signal a significant shift in Obama's foreign policy, particularly in Syria, where the U.S. is being pressured to act against President Bashar Assad.

Airport security. TSA says knives won't cut it, bats a swing and a miss on planes

The Obama administration said Wednesday it was abandoning a plan that would have let passengers carry small knives, souvenir bats, golf clubs and other sports equipment onto planes.

The decision by the head of the Transportation Security Administration, John Pistole, came after fierce opposition by members of Congress, airlines, labour unions and some law enforcement groups. They said that people intent on causing harm could use the knives and other items to injure or kill passengers and crew.

Knives and sports equipment will remain on the list of prohibited items, and shelving the proposal will allow the agency to focus on other priorities, Pistole said in an interview.

Pistole had presented the proposal to loosen the rules for carry-ons in March, saying the knives and other items couldn't enable terrorists to cause a plane to crash. He said intercepting the items took time better used searching for explosives and other more serious threats.

THE ASSOCIATED PRESS



TSA officer Robert Howard signals the next traveller at a security checkpoint at Seattle-Tacoma International Airport in SeaTac, Wash., in 2010. John Pistole, the head of the TSA says he's dropping a proposal that would have let airline passengers carry small knives, bats, golf clubs and other sports equipment onto planes. ELAINE THOMPSON/THE ASSOCIATED PRESS FILE

Man still in jail after judge refuses Saudis' \$2M bond

Accused of paying for murder. Judge Michael Wagner won't explain reasoning, despite possible constitutional violation

Ziyad Abid was a university student aspiring to become a pilot like his father in Saudi Arabia when he was accused of paying his roommate to kill a local bar owner. The judge set bond at \$2 million, completely out of reach for his family — but not for the Saudi government.

Quoted

"It's not whether (Abid) deserves it or does not ... The rules say he's entitled to a bond."

John Leger, attorney for the Saudi government

The money came in. Yet two months later, Abid remains jailed because a judge is refusing to let him out. The judge acknowledged he may be violating the Missouri Constitution, which allows suspects to be held without bond only in capital murder cases.

But the judge won't budge. Or explain why.

Abid's lawyers have asked a state appeals court to release Abid and remove Circuit Judge Michael Wagner from the case, arguing that he's biased in part by Abid's nationality. The court has given Wagner until Monday to respond.

Abid was studying aviation at the University of Central Missouri in Warrensburg when his roommate, Reginald Singletary Jr., was accused of killing popular bar owner Blaine Whitworth in September. Singletary admitted fatally shooting Whitworth in the bar owner's driveway but claimed Abid paid him to do it, according to court documents.

THE ASSOCIATED PRESS



This undated mug shot shows Ziyad Abid, a former University of Central Missouri student from Saudi Arabia accused of paying his roommate to kill a local bar owner. Abid is still in jail nearly two months after a Missouri judge refused \$2 million sent by the Saudi Government to cover his bond.

WARRENSBURG POLICE DEPARTMENT/THE ASSOCIATED PRESS

British Columbia

Disabled man pulled from plane crash by oyster fisherman

A paraplegic man is OK after being pulled unconscious, but alive, from the wreckage of a submerged ultralight airplane.

Two B.C. oyster fishermen are credited for the rescue after watching the small plane crash into the waters of Deep Bay, north of Qualicum Beach, on Vancouver Island.

Oceanside RCMP Cpl. Jesse Foreman says the pair used their small boat, which is equipped with a crane for lifting oyster lines, to winch the submerged plane to the surface, pulling the unconscious man to safety.

Foreman says the victim was treated at the scene by paramedics but, once revived, had no apparent injuries and was not sent to hospital.

The ultralight pilot, a Prince George man, was able to free himself from the sinking wreckage and was also unhurt.

THE CANADIAN PRESS



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Groups want prostitution decriminalized

Supreme Court.

Hearing next week will determine the future of Canada's prostitution laws

A coalition of groups says it will urge the Supreme Court of Canada to decriminalize the work of female sex work-

ers, while keeping the criminal penalties against pimps and clients.

The case stems from an Ontario Court of Appeal ruling that struck down a section of the law that forbids brothels, but upheld a ban on communication for the purposes of prostitution, which effectively makes street prostitution illegal.

The Women's Coalition

Bawdy house ban

The Ontario court struck down the Criminal Code ban on bawdy houses because the law puts sex workers in danger by forcing them to work outside.

- The court case involved three women: retired dominatrix Terri-Jean Bedford, former prostitute Valerie Scott and Vancouver sex worker Amy Lebovitch.

for the Abolition of Prostitution is one of the nearly two

dozen groups that have been granted intervener status to

argue before the court.

The group argues that men are the main benefactors of the sex industry — as pimps, customers and brothel owners. The coalition is made up of seven organizations, including the Canadian Association of Sexual Assault Centres, the Native Women's Association of Canada, and the Canadian Association of Elizabeth Fry Societies.

"It's an asymmetrical position of: decriminalize the women, maintain the criminalization of men, even though it's never happened," said Kim Pate, head of Elizabeth Fry.

Prostitution itself is not illegal in Canada, though many of the key activities are banned under the three sections of the Criminal Code.

THE CANADIAN PRESS

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Trudeau's transparency plan

A small group of protesters crashes Liberal Leader Justin Trudeau's press conference on Parliament Hill on Wednesday. Trudeau is proposing a four-point plan to lift the veil of secrecy shrouding the expenses of Canada's MPs and senators. His plan would require them to post quarterly details of their travel and hospitality expenses on public websites, as cabinet ministers already do. SEAN KILPATRICK/THE CANADIAN PRESS

'Lack of transparency'

Alberta MP quits, criticizes gov't

Alberta MP Brent Rathgeber says he has resigned from the Conservative caucus over what he calls the government's "lack of commitment to transparency."

Rathgeber, who represents the Alberta riding of Edmonton-St. Albert, announced his resignation on Twitter late Wednesday.

He had complained last week about disappointment in the party base about scandals in the federal government.

In his comments last week, Rathgeber said federal power had slowly been transferred from the House of Commons to the cabinet and ultimately to the Prime Minister's Office. THE CANADIAN PRESS

Mental-health crisis

Startling study

The biggest study ever done into the risk factors for Nunavut's high suicide rates is revealing the depth of mental health problems in the territory. Nearly two-thirds of 120 Inuit who killed themselves between 2003 and 2006 had suffered from major depression, as did one-quarter in a control group. THE CANADIAN PRESS

Safe injection sites

New regulations

The Harper government will introduce legislation Thursday to clarify rules on supervised-injection sites. The Health Minister says it will respond to the need for greater public input.

THE CANADIAN PRESS



Firefighters carry a survivor from the rubble of a four-storey building that collapsed in downtown Philadelphia Wednesday. MICHAEL BRYANT/PHILADELPHIA INQUIRER/THE ASSOCIATED PRESS

Bodies pulled from the rubble

Philadelphia. At least six killed as demolition gone wrong buries adjacent thrift store

A building that was being torn down collapsed with a thunderous boom Wednesday, raining bricks on a neighbouring thrift store, killing six people and injuring at least 13 others in an accident that witnesses said was bound to happen.

Early reports from Mayor Michael Nutter had been that one woman had died in the

Shoddy work?

“We’ve been calling it for the past week — it’s going to fall, it’s going to fall.”

Window washer Dan Gillis

Wednesday morning accident, but rescuers using buckets and their bare hands to move bricks and rubble kept working through the evening. Body bags were removed from the collapse site at night, and Nutter said at a news conference that authorities didn’t know

how many people had been in the thrift shop or on the sidewalk.

Nutter said the city’s emergency workers had been “diligent, determined, focused” in their rescue efforts.

“If anyone else is in that building, they will find them,” he said.

One woman was pulled from the rubble two hours after the 10:45 a.m. collapse when rescuers heard her voice, city fire Commissioner Lloyd Ayers said. Rescuers had been prepared to dig through the rubble all night.

THE ASSOCIATED PRESS

Vancouver

Nanny claims she was forced to work 16-hour days

A Filipina nanny’s voice tensed up with emotion as she described the day she called police after one of her employers pushed her and doused her with a jug of water in Vancouver.

Sarmiento said she called police and finally escaped from the home where she had been working as a live-in nanny since 2008. Oi Ling Nicole Huen and Franco Yiu Kwan Orr are facing charges after allegations that they forced Sarmiento into domestic servitude. THE CANADIAN PRESS

Blow to rebel forces

Hezbollah helps Syrian troops seize border town

Syrian troops and their Lebanese Hezbollah allies captured a strategic border town Wednesday after a gruelling three-week battle, dealing a severe blow to rebels and opening the door for President Bashar Assad’s regime to seize back the country’s central heartland.

The regime triumph in Qusair, which Assad’s forces had bombarded for months without success, demonstrates the potentially game-changing role of Hezbollah in Syria’s civil war. THE ASSOCIATED PRESS

Jamaica

Violence against kids a chronic problem: UNICEF

The United Nations’ child welfare agency said Wednesday that it is deeply concerned about what it describes as “unrelenting violence” against youngsters in Jamaica, including the recent beheading of a 4-year-old girl.

Robert Fuderich, UNICEF’s representative in Jamaica, said a recent spate of crimes targeting school children has underscored a disturbing problem in the country that has put authorities on alert and parents on edge. THE ASSOCIATED PRESS

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A highway and exit to the village of Mlekojedy is flooded by the swollen river Elbe near Litomerice, 70 kilometres northwest of Prague, on Wednesday. RADEK PETRASEK/CTK/THE ASSOCIATED PRESS

Floods charge through Germany, central Europe

Broken levees.

More than 19,000 evacuated in Czech Republic, firefighters say

Desperate families were plucked from rooftops by helicopters, cars were swept away by raging torrents and levees failed without warning Wednesday as central Europe stag-

gered under an inland ocean of flooding.

Tens of thousands of people had to be evacuated in Germany and the Czech Republic and chemical plants along the mighty Danube and Elbe rivers were hastily shut down. City officials, federal troops and emergency workers across a vast region either raced to prepare or struggled to cope as flood crests roared downstream.

Near the southeastern Ger-

man town of Deggendorf, two levees broke along the Danube and Isar rivers and their raging waters engulfed nearby houses. A southern German highway disappeared under the muddy floodwaters, cars were swept away and only the top of a few trucks peeked out above the waters.

Families scrambled to their rooftops and were airlifted to safety.

THE CANADIAN PRESS

Israel

Judge resigns after rape remark

A Tel Aviv District Court judge has resigned following a public furor over comments he made in court that some girls "enjoy being raped."

Nissim Yeshaya was presiding over a hearing on the rape of a 13-year-old Israeli girl by four Palestinian youths when he made the comment. He apologized and said the remark was taken out of context.

Prime Minister Benjamin Netanyahu was among officials who harshly criticized the judge. He also withdrew his support for Yeshaya's appointment as head of his Likud Party's internal court. Several lawmakers called for the judge's immediate dismissal.

Israel's justice minister and the president of the Supreme Court said Yeshaya addressed a hearing Wednesday, where he expressed his desire to leave his post.

THE ASSOCIATED PRESS



Femen activists expelled



Tunisian feminist activist Amina Sboui, hidden by a veil, is escorted by police officers as she leaves the courthouse in Kairouan, Tunisia, on Wednesday. Sboui, a Tunisian member of radical Ukrainian feminist group Femen, scandalized the country by posting topless photos of herself protesting for women's rights in March. Three members of the group were expelled from Tunisia on suspicion they were planning a topless protest in front of the court where their colleague was being tried for another incident, the Interior Ministry said Wednesday. THE ASSOCIATED PRESS






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Smartphone Summit.

New technology could permanently disable stolen phones

Top law enforcement officials from San Francisco and New York plan to meet with some of the nation's largest smartphone makers next week to help thwart the rise in cellphone thefts and robberies.

San Francisco District Attorney George Gascon and New York Attorney General Eric Schneiderman announced Wednesday that their meeting scheduled to take place in New York City on June 13 will be dubbed a "Smartphone Summit."

Gascon and Schneiderman said they plan to meet with representatives from



A customer tries out the Apple iPhone 5 inside the Apple Fifth Avenue flagship store on the first morning it went on sale, September 21, 2012. MARIO TAMA/GETTY IMAGES

Apple Inc., Google Inc., Samsung Electronics Co. Ltd. and Microsoft Corp. and urge them to create new technology to permanently

and quickly disable stolen smartphones, making them worthless to thieves.

In San Francisco, where more than half all robberies

involve a cellphone, Gascon has called on the companies to create new technology such as a "kill switch" to render phones useless.

Dialing dilemma

40%

There was a 40 per cent spike in cellphone thefts last year. Top law enforcement officials from San Francisco and New York plan to meet with some of the nation's largest smartphone makers to help curb the crime.

His office cites a 27-year-old tourist who suffered severe knife wounds to his face and throat two weeks ago after being robbed by two men over his iPhone.

In New York, Schneiderman said there was a 40 per cent spike in cellphone thefts last year. Authorities there have coined the thefts of the popular iPhone and other Apple-related products as "Apple-picking."

THE ASSOCIATED PRESS

Tablet takeover

Tablets primary computer for 10% of Canadians

About one in 10 Canadian tablet owners now considers their mobile device to be their primary computer, suggests a new online survey conducted globally.

The research by Ipsos also suggests Canadians may be a little less enamoured with their tablets than users worldwide.

When averaging out the responses collected in 24 countries, almost 20 per cent of tablet owners said they counted on that device to do most of their computing, compared to 11 per cent of tablet owners in Canada. THE CANADIAN PRESS

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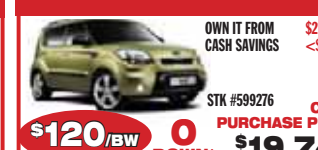


STK #251938

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2013 SOUL 2U AUTO

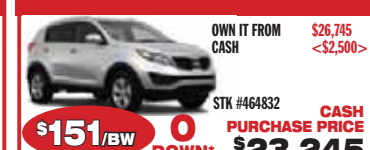


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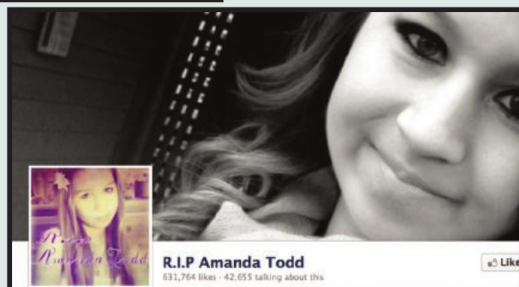
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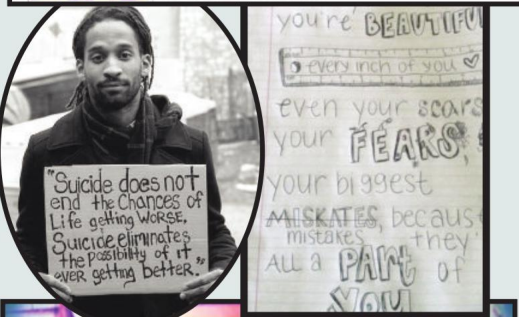
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Remembering Amanda



R.I.P Amanda Todd

831,764 likes · 42,855 talking about this



AMANDA TODD, THE B.C. TEEN WHO COMMITTED SUICIDE LAST YEAR AFTER BEING BULLIED, HAS BEEN COMMEMORATED ON FACEBOOK. THESE ARE SOME IMAGES POSTED ON R.I.P. PAGES CREATED IN HER NAME.

A NEW WAY TO #GRIEVE

Mourning deceased loved ones on social media is common, but commemorative pages can cause additional anxiety for some

RITA POLIAKOV/METRO

On May 12, Alexandra Christopoulos wished her friend Patrick a happy birthday on Facebook. He'll never read the post.

Patrick Douglas Mott, who would have been 31 this year, died on New Year's Eve in 2009. Soon after, Mott's father started an RIP Facebook group in his son's honour, a group with more than 200 members and hundreds of posts.

This, for many, is the new way to grieve. And some are abusing it. While grieving through social media can be cathartic, it can also rob mourners of their privacy.

For Christopoulos, Mott's online memorial helped in the healing process.

"I think, initially, grief, it's so overwhelming and shocking and you almost feel numb," said Christopoulos, adding that she turned to social media when she felt alone.

"I'll think of him randomly. I'll go online to that page and realize someone else has already been there. They're thinking of him too," she said.

Experiences vary. Amanda Todd, the B.C. teen who committed suicide last year after being relentlessly bullied, has been commemorated on Facebook and Twitter. Her RIP pages have hundreds of thousands of likes, but have also become a forum for more bullying.

Some commenters wrote that the 15-year-old deserved her fate. A topless photo of Todd, the very one that contributed to her agony, was even posted to a memorial page.

According to Pam Fitzgerald, director of the Canadian Centre for Bereavement Education and Grief Counselling in Toronto, social media can be a free-for-all.

"With a sudden, unexpected

death, people aren't always sensitive with their judgment and criticism or inaccurate information," she said. "Anything on the Internet affects the grieving process. Gossip usually always hurts."

RIP Facebook groups and Twitter hashtags pose another problem: What if the family of the deceased doesn't want an online memorial?

Vicky White, a 17-year-old from Toronto, started a memorial Facebook page after her classmate died in a car crash earlier this year. "It was a place for everyone to gather to share their memories," she said.

But then the deceased teen's family spoke up.

"There are a lot of complications. I like to put myself out there, but the thing is, (his) family wanted privacy. They want time to heal," White said.

Even with its pitfalls, mourning through social

Online etiquette

For those wishing to pay their respects using social media, here are some guidelines:

- Always post accurate information to avoid causing unwarranted anxiety to those trying to heal.
- Never post criticisms of the deceased.
- Don't offer advice, only condolences and support.
- Respect the privacy of those who are mourning.

media has its place in the grieving process. According to Fitzgerald, it can be a useful tool when coupled with professional help or a strong support system.

"I think it can be both positive and negative. Funeral homes now have a page where people can write messages to the family. That's positive."



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BUSINESS

19

Tories just don't understand, import-export group says

Tariff changes. Head of association charges new budget will negatively impact both businesses and consumers

The head of the Canadian Association of Importers and Exporters has launched a blistering attack on the Conservative government for what she's calling its "quest for cash" that is hurting business and will cost consumers.

Joy Nott, the president of I.E. Canada, is wading into an ongoing dispute between a coalition of television importers and the Canadian Border Service Agency over what critics are calling the Harper government's "iPod tax."

Times are a-changin'

A spokesman for the finance minister said changes were "long overdue" because the system punishes Canadian companies by giving "special breaks" to emerging powers like Brazil, China, South Korea, and India based on decades-old program.

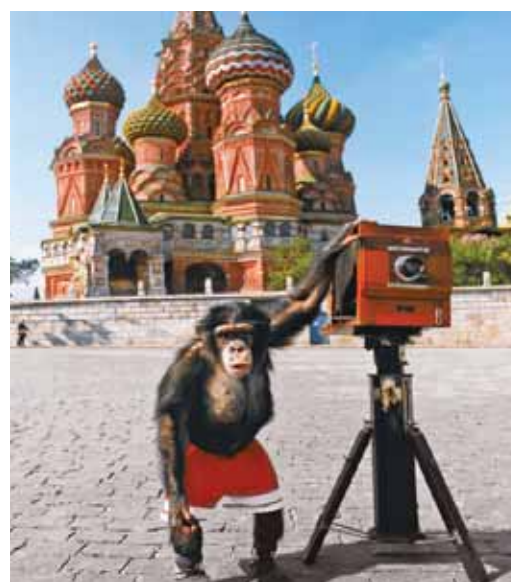
TV importers have evidence the government has given them bad advice on tariff exemptions that Ottawa intended to later claw back, including tariffs on TVs, computer speakers and MP3 players, such as iPods.

But Nott says the problem runs deeper, and that major tariff changes announced in Finance Minister Jim Flaherty's March budget will have a rip-

ple effect on Canada's import-export community — and consumers. The budget prominently stated that import duties on some popular sporting goods would be dropped. But buried in the back pages it also noted that Canada would be "graduating" goods from 72 countries to a higher tariff classification, starting in 2015. The measure will bring in \$333 million annually, said the government.

"Quite frankly, the single line about the (General Preferential Tariff) changes actually has a much wider and much more negative impact on the ultimate consumer than duty give-aways on cricket bats and hockey sticks and whatever," Nott said in an interview.

She called the sporting goods tariff cuts "almost like a smokescreen." **THE CANADIAN PRESS**



Monkey snaps up \$76,680

They're askew and out of focus, but a set of photos taken by a talented chimpanzee named Mikki sold at auction Wednesday for 50,000 pounds (\$76,680). The blurry images of Moscow's Red Square were snapped up by a Russian buyer during a sale of Russian photography at Sotheby's in London. Mikki was trained to take photos in the 1990s by Russian conceptual artists as part of a project to challenge concepts of artistic value. **THE ASSOCIATED PRESS**

Housing market

Boost in permits throws analysts

Canada's housing market continues to confound in its resilience in the face of forces that point to a correction from sky-high levels. StatsCan reported that building permits jumped 10.5 per cent in April — 21 per cent on the residential side — a shock to economists that had expected an overall three per cent decline. **THE CANADIAN PRESS**

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VOICES

metronews.ca
Thursday, June 6, 2013

ASS IF YOU NEED TO SPOIL IT...

If you spoil TV shows or movies on Facebook and Twitter you are (SPOILER ALERT!) a giant ass.

As anyone with social media likely knows, whether you wanted to or not, something big happened this weekend on the TV show *Game of Thrones* — something that led to an outpouring of emotional responses usually reserved for terrorism and/or Justin Bieber.

I watched it the very second I could, even though that meant spending \$25 for a cab ride to get to a night shift on time. Why? Because I knew that even with the scant number of people I haven't blocked in my Facebook feed (12 as of press time), there would be some goofus or other who would need to make a joke about whatever they saw, everybody else's enjoyment be damned.

And I was right. Some men have no honour. I'm perfectly OK with people saying, "OMG!" or "WTF!" or any other bit of Internet alphabet soup, but after that let it end. A boss



HE SAYS
John Mazerolle
metronews.ca

of mine had the episode ruined by her dentist, for goodness' sake.

Saying specifically what happens during a show in a tweet or status update is wrong, full stop. I have an Old Testament view of this. It's wrong. There is no grey.

At worst, it shows you lack empathy and don't care if you're ruining it for other people. At best, it makes you that guy who says, "Ooooh, this part coming up is FUNNY. Watch it. Watch it!"

If that's the best you can hope for, it's time to re-evaluate your life.

Some people argue that if you don't want to be spoiled you shouldn't use Facebook and Twitter, but that's ridiculous. That's how people talk to each other. That's our email and calendar. It's a

big room we all talk in, and giving stuff away in one sentence is like walking up to someone the day after *Empire Strikes Back* and saying, Homer Simpson-like, "I can't believe he's Luke's father!" If you were talking to somebody in person, you'd ask if they

saw it first. If you want to talk about it online, provide a link to your longer, spoilery thoughts.

I also don't buy the statute of limitations that says after a while spoiling is OK. I'm sour that by the time I got to *Psycho* and *Citizen Kane* I knew the twists, and I've stayed away from *The Sopranos* and *Lost* because I know how they end. (SPOILER: In the last episode of *Lost*, it's revealed the show sucks.)

It's been said that it's your responsibility not to be spoiled. Nonsense. That's as stupid as the argument that a hockey player who gets his head smashed into the boards shouldn't have had his backed turn in the first place, or that a doored cyclist shouldn't have been driving in heavy traffic anyway.

Remaining spoiler-free is an act of self-restraint in a world of information overload. Every viewer knows that they can know everything that happens before a show even airs by taking their smartphone out of their pocket, yet they choose to remain blissfully unaware.

Ending that for them is like walking up to someone on a diet and shoving cake in their mouth. Whether dinner or entertainment, you shouldn't spoil it.

ZOOM

Eat your art out

Didn't your mother teach you not to play with food?

Food artist Ida Skivenes adds a whole new meaning to 'artistic taste' with her recreations of famous masterpieces. The Oslo-based geographer uses toast as her canvas and adds vegetables, cheeses and fruits to complete her 'paintings.' Her series includes remakes of works by Munch, Van Gogh and Vermeer. **METRO**

Nom nom nom

30

minutes is how long Skivenes takes to complete a culinary recreation. Skivenes' book, *Eat Your Art Out: Playful Breakfasts* by Idafrosk (her nickname) is due in October.

Q and A

A toast to the edible canvas



IDA SKIVENES
Human geographer and food artist, 29, from Oslo, Norway

How did this nifty culinary project come about?
In June of last year, I joined Instagram to reconnect with my love for photography once more. The food art just happened along the way by way of a happy accident. I had seen some food art online, did my

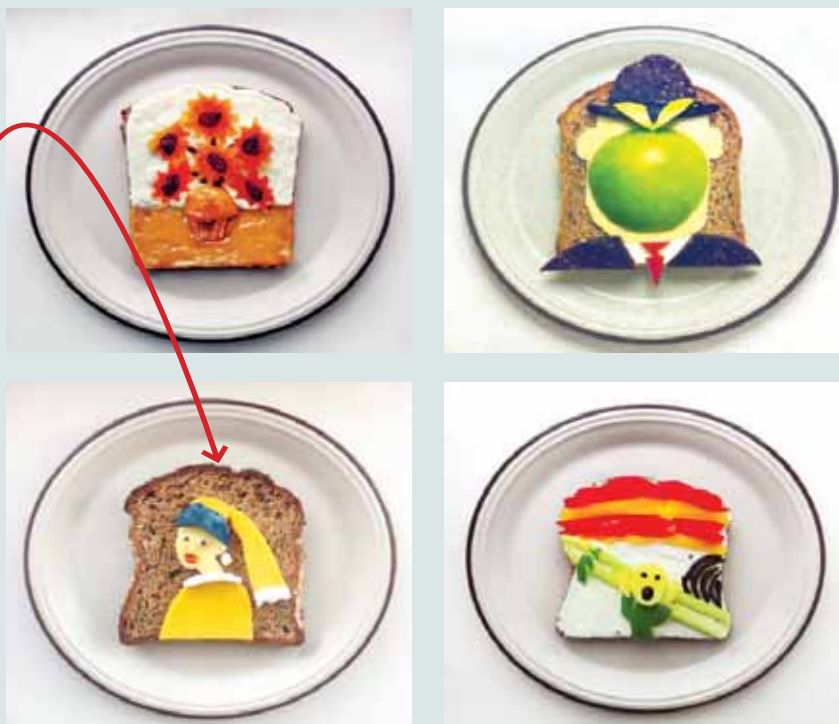
own version and posted it. After that I tried my own ideas and it turned out I had an eye for making art with food.

So you eat your artworks?
Yes, everything is made to be, and is, eaten.

What's the hardest part in

remaking famous paintings?
It's recreating the mood and the 'light' in them — and getting all the small details in place.

What do you hope viewers will take away from your work?
I want people to get curious about how art and food are connected. **METRO**



IDA SKIVENES: IDAFROS.COM

Click bait



HANNAH ZITNER
hannah.zitner@metronews.ca

So you channel a bit more clumsy Tim Taylor than careful Mike Holmes on the DIY front — no big deal. Learning to do things yourself, from homemade pies to home pages, has never been easier.

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VideoJug.com

"Get good at life." Their tagline says it all. Professionally made vids teach you how to cook, clean, play cricket and even kiss (with choice of passionate, creative or first kiss).

Howcast.com

Though learning to swim online might not be the best way to go, Howcast at

least gives you the option. It can also teach you to 'deal with summer traffic,' if that's more your bag.

Wonderhowto.com

From Minecraft to makeup, Wonder How To has videos, info graphics and forums to help you master useful and completely useless skills — this one truly is "wonderland for your inner nerd."



ISTOCK

Twitter

@metropicks asked: Atari games rumoured to be buried in a grave in New Mexico will be dug up by a team of Canadians. What game do you want brought back?

@rmmnterprises: pacman

@msjenn28: frogger. Loved that game. Use to play it at the lake on rainy days only as we always went outside when it was nice

Follow @metropicks and take part in our daily poll.

Comments

RE: Rise Of The Promposal: High School Proms Just Ain't What They Used To Be, published June 4

And you thought teen pregnancy was bad. Now they just get married way too soon for no real reason. Why is youth wasted on the young? **terry mckinney posted to metronews.ca**

We just attended our daughter's and I would have to say it is only as good as what you put into it, it's a shame people do not try harder as it is one day you should remember. **Justme posted to metronews.ca**

WE WANT TO HEAR FROM YOU: Send us your comments: calgaryletters@metronews.ca

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Stone of Nowhere is on their way to somewhere

Young and talented.

Teen musicians study the greats and learn from the grizzled



BACKSTAGE PASS
Lisa Wilton
calgary@metronews.ca

Mitchell Brady is reminded every so often his musical tastes differ slightly from that of his fellow 15-year-olds.

"A lot of people at my school are surprised at the kind of music I play," says the singer and guitarist for blues rock trio, Stone of Nowhere.

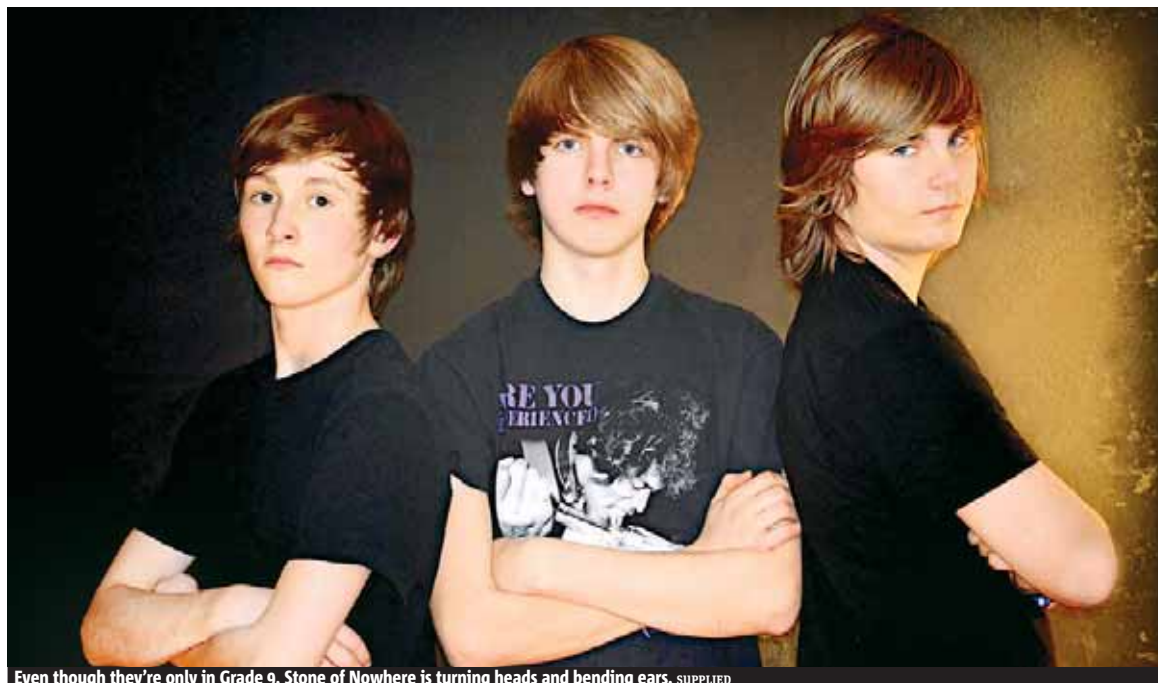
"They're like, 'Why do you play that? My friend's a DJ. Why don't you be a DJ?' Because I don't want to be a DJ."

The Grade 9 Willow Park student picked up his first guitar three years ago after being inspired by the documentary *It Might Get Loud*, featuring iconic axe wielders Jimmy Page, Jack White and U2's The Edge.

"It opened my eyes and I started listening to a bunch of Led Zeppelin and Rolling Stones and widening the spectrum of my musical tastes," Brady explains.

Brady befriended bassist Keone Friesen at a summer band camp in 2010 and later that year formed Stone of Nowhere with drummer Isaiah Stonehouse.

Musically, the band takes its cues from such blues greats as Muddy Waters, B.B. King and Howlin' Wolf, as well as classic rock giants



Even though they're only in Grade 9, Stone of Nowhere is turning heads and bending ears. SUPPLIED

Jimi Hendrix, The Who and The Doors.

Brady also looks to Doors frontman Jim Morrison for lyrical inspiration.

"I thought it would be hard to be original because everything's been done," he says. "But then Keone gave me a Jim Morrison poetry book and it really opened my eyes that songwriting can be anything."

After winning a Battle of the Bands contest in Camrose, the group — whose members were only 13 years old at the time — started gaining more attention around the prov-

Age is but a number

"When we got to be decent I think a lot of people were surprised at what we were playing and how young we were"

Stone of Nowhere frontman Mitchell Brady

ince for both their impressive musicianship and young age.

"When we got to be decent I think a lot of people were surprised at what we were playing and how young we were," he says.

Brady admits Stone of Nowhere's fan base is on the older side, but says he doesn't

mind. "Last week I met this guy who must have been in his late 70s who said he was at Woodstock and he really enjoyed us," he says.

"Older musicians give us tips. Even though it seems like nothing at the time it can really help you develop your sound."

Details

- Stone of Nowhere plays The Blues Can in Inglewood on Thursday night. They're the youngest band to headline at the club.
- The group recently won an Axe Music Battle of the Bands in Cochrane and opened for Canadian music veteran Colin James.

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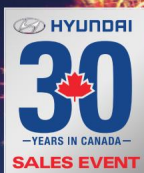
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Global's comeback kids to take centre stage

Winter and fall line ups. Michael J. Fox, James Spader, Blair Underwood and Sean Hayes make exciting small screen returns



A-list star Queen Latifah will host The Queen Latifah Show. THE CANADIAN PRESS

Global is touting big comebacks in its fall and winter lineup, as stars Michael J. Fox, James Spader, Blair Underwood and Sean Hayes return to the small screen with new ventures.

Shaw Media — which runs Global as well as a raft of specialty channels including History, Showcase and Slice — is announcing 11 new dramas and seven new comedies for its main network.

They include Hayes' single dad sitcom Sean Saves the World, Spader's FBI thriller The Blacklist, Underwood's cop show reboot Ironside and the family comedy The Michael J. Fox Show, said to be inspired by the Back to the Future star's personal life.

"Michael J. Fox for us was just a huge, huge, huge win," Shaw Media's content boss Barbara Williams said at a news conference Wednesday that outlined its biggest new properties. "This takes him right back to his comedic roots."

Other new fall dramas include the sci-fi adventure Almost Human, about a cop teamed up with a synthetic android in the year 2048; the sultry Dracula, starring Jonathan Rhys Meyers in the title role; and the fantasy thriller Sleepy Hollow, a modern-day retelling of the classic tale of Ichabod Crane and the Headless Horseman. Other fresh fall sitcoms include the Will Arnett project The Millers, Tony Shalhoub and Jerry O'Connell's dating comedy We Are Men and the culture clash comedy Welcome to the Family.

And mid-season will feature the highly anticipated

return of Kiefer Sutherland as super spy Jack Bauer in 24: Live Another Day. "Jack is back," declared Williams, adding that this edition of 24 will be a shorter run with just 12 episodes. "It's really exciting." Other mid-season highlights include the Chicago Fire spin-off Chicago PD, "Crossbones, starring John Malkovich as the legendary pirate Blackbeard; Rake, featuring Greg Kinnear as a criminal defence lawyer; and the Canadian medical drama Remedy.

New mid-season comedies include About a Boy, starring Minnie Driver as a single mom raising her 11-year-old son, and the homegrown sitcom Working the Engels, about a "ne'er-do-well family" forced to take over their father's legal business. On the daytime side, music and movie star Queen Latifah joins the roster with her new talk show The Queen Latifah Show, featuring musical performances and celebrity guests. But it won't just be about famous people, the rapper-turned-business woman said, noting she was eager to find remarkable unknowns who have made a big difference in their communities.

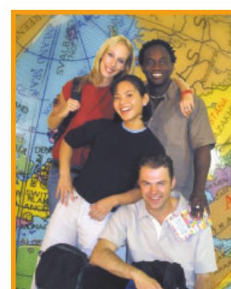
"It's not just the A-list celebrity," she said. "For me, the dream guest is the everyday people who are amazing."

Williams touted big names helping new projects on Shaw's specialty channels as well, including Alan Thicke in the Slice reality show In the Thicke of It. The winter series will centre on the former Growing Pains star, his wife and three children.

Rebecca Romijn stars in the Showcase police drama King & Maxwell, Julia Ormond toplines Lifetime's fall series Witches of East End and Rob Lowe plays President John F. Kennedy in National Geographic Channel's fall two-hour docu-drama Killing Kennedy.

Returning Slice series include Big Brother Canada, Mob Wives, and Real Housewives of New Jersey, Beverly Hills, Atlanta, New York and Miami. But the Real Housewives of Vancouver will not be back while Shaw reconsiders cast and possibly location, said Williams.

Over on Food Network Canada, Top Chef Canada will return for more culinary competition, while Chopped Canada debuts in winter 2014 with host Dean McDermott. Also new is Cutthroat Kitchen, Guy & Rachael's Kids Cook-Off and Trisha's Southern Kitchen, featuring music superstar and cookbook author Trisha Yearwood. THE CANADIAN PRESS



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Amanda Bynes ALL IMAGES GETTY

Playboy offer seems to be a tempting Tweet for Bynes

The repercussions of Amanda Bynes' erratic behaviour aren't all bad, apparently, as the troubled former child star has been invited by Playboy Radio to co-host its afternoon show for a day. The

folks behind the offer were smart enough to reach out to Bynes via her preferred communication medium, Twitter, and she's apparently open to the idea, as she re-tweeted their offer.



Jennifer Love Hewitt

Love Hewitt loved up, engaged AND pregnant

Jennifer Love Hewitt and her Client List co-star Brian Hallisay are getting married — and expecting a baby. "This is a wonderful time and we are looking forward to starting our family," the couple says in a statement. There's no

word yet on a wedding date or a due date. Hewitt first met Hallisay while making the NBC series Love Bites, but they did not start dating until last year. Hallisay proposed last month while they were vacationing in Europe.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Paris Jackson hospitalized after possible suicide attempt



THE WORD
Dorothy Robinson
scene@metronews.ca

Being 15 is hard. Being 15 when you don't have a father, your mother was pretty much bought solely for her uterus, your family legacy is complicated (to say the least) and you are extremely wealthy must be almost unbearable. So I feel for Paris Jackson, I really do. The 15-year-old

daughter of Michael Jackson was hospitalized early Wednesday morning in what is being described as a "possible suicide attempt." Reports flew around the Internet yesterday that the attempt was either carried through via drug overdoses or cuts to her wrist after being removed via stretcher from her Calabasas, Calif., family house she shares with her legal co-guardian Katherine Jackson. TMZ.com reports that the teen was upset about not being able to go to a June 6 Marilyn Manson concert. Sadly, her Twitter page has been filled with depressive tweets as of late. The most recent one is: "yesterday, all my troubles seemed so far away now it looks as though they're here to stay."



Will Smith and Jada Pinkett Smith

Jada says she'd never abandon hubby Will once the kids are alright

While she and husband Will Smith have battled their share of breakup rumours in the past year, Jada Pinkett Smith is standing by her man. "What is the one thing that Will could do to make me not love

him? That would make me abandon him? I can't think of one, I'm sorry," she tells Redbook magazine. "Except if he did something bad to the kids — now we've got a problem."



Twitter



@Rihanna
Got the keys to #CoCoChanel's apartment!!!
Yesterday=Most Legendary day in Paris!!!!



@TheRealRosanne
today was my third earthquake in a month-



@pattonoswalt
As the Ambien drapes its sleep-shawl over my eyelids, it whispers, "Stay on Twitter. Let the world know my garbled wisdom."

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A product junkie gossips

Beauty. Tika Sumpter has a flawless face and weakness for budget beauty products. We look inside her makeup bag.

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Tika Sumpter currently stars in the upcoming series *The Haves and the Have Nots* on the Oprah Winfrey Network. MICHELLE BOBB-PARRIS



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Tika on:

Her beauty takeaways from *Gossip Girl* and *Sparkle*

"Gossip Girl was a very clean show. They didn't do heavy makeup. But the movie *Sparkle* introduced me to '60s makeup, which I'm now obsessed with. If you're going to line my eyes, it now has to be the blackest liner possible."

Her favourite DIY beauty elixirs:

"At night, I take a wash-rag, add a pump of coconut oil and remove my makeup with hot water. Then I wash my face with the Murad AHA/BHA Exfoliating Cleanser (murad.com) and moisturize with a dab of Keri lotion. I do the same in the morning, minus the oil."

Her go-to complexion fixer:

"I'm pretty religious with my skin care. But sometimes, I come home and I'm like, 'I don't care!' And when I wake up, my pillow is covered in makeup and I can hear my pores screaming. To fix things, I'll apply the Queen Helene Mint Julep Masque (queen-helene.com). It shrinks your pores and dries up pimples."



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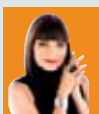
Take notice that on the 14th day of June, 2013 at 9:30 a.m., at Calgary Family Court, Courtroom #1208, 601 – 5th Street SW, Calgary, Alberta, a hearing will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for: **Permanent Guardianship Order** of your child born on **July 26, 2011**. If you wish to speak to this matter in court, you **MUST** appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: Diane Charlebois; Jackie Ellice; Daniella Eggink
Calgary and Area Child and Family Services Authority
Phone: (403) 297-2978

Twitter



JEANNE SPACE
Jeanne Beker
life@metronews.ca

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Gents' sartorial fare at the old Oak Hall emporium @DawsonCityYukon



At Everleigh on King W at fall launch of #WilliamRast label @jtimberlake founded. Now to opera ball!

The Kit

Canadian street style

Spotted in: Toronto

Ana

Actress and shop girl at Bicycleette Boutique

Age: 27

What she's wearing

Bicycleette skirt and tank top, Forever21 denim vest, H&M sunglasses, Lauren Elan bracelets, Hoakon Helga purse, and leather sandals from Croatia.

Her inspiration

I'm inspired by the stylish girls I work with, they are always updating me on the trends! My go-to style blogs are: Sincerely Jules, The Blonde Salad and Refuses to Label. I'm also a huge vintage collector and lover, the '60s boho vibe is always a staple for me!

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT — AN E-NEWSLETTER PROGRAM — AND A WEEKLY NEWSPAPER SECTION TOO!



A life of luxury and hard lessons

Designer honoured with award. Vera Wang has stayed the long course in the industry out of passion, not for an easy road

Vera Wang, arguably the queen of red-carpet dressing, didn't go into the fashion business with stars in her eyes. She knew about its unglamorous side, the

hard work and, especially, the risks. And there were plenty of doubts along the way.

But every time one person — and, she says, it really just takes one — understands what she's trying to express with a certain drape of a fabric, a particular colour or a new silhouette, she's reminded of the reason why she became involved in fashion, and why she's still in it: There's an indefinable payoff that comes when she's helped a woman look and feel her best.

"I didn't come into this like

Haute couture hardships

"I wasn't a 'young, new designer,' but I was a new designer and had to go through those growing pains."

Vera Wang on her start in style

all these teenagers who don't know better. I wasn't a "young, new designer," but I was a new designer and had to go through

those growing pains. The risks were apparent to me, and I had seen so many of my friends go through ups and downs," Wang said in a recent interview.

Wang, 63, was honoured for lifetime achievement by the Council of Fashion Design-

ers at its star-studded awards show Monday night at Lincoln Center. She accepted the award from her mentor (and former employer) Ralph Lauren.

"To all the women and men I have dressed, thank you for your trust," she said during her

acceptance speech.

There's rarely a Hollywood event or an A-list wedding where Wang's name doesn't come up. You probably couldn't go into a shopping mall without seeing it, either.

THE ASSOCIATED PRESS

NEED A RIDE?

Read metrodrive every Wednesday.

Notice of Hearing for Permanent Guardianship Order To Mayland Lavigne

Take notice that on the 14th day of June, 2013 at 9:30 a.m., at Calgary Family Court, Courtroom #1208, 601 – 5th Street SW, Calgary, Alberta, a hearing will take place.

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Contact: Diane Charlebois; Jackie Ellice; Daniella Eggink
Calgary and Area Child and Family Services Authority
Phone: (403) 297-2978

Notice of Annual General Meeting

Thursday June 20, 2013 7:30 pm
Slate Room, Hillhurst Sunnyside Community Association
1320 5th Ave NW, Calgary

The Calgary Mountain View Progressive Conservative Constituency Association including the communities of Briar Hill, Bridgeland, Crescent Heights, Hillhurst, Parkdale, Point McKay, Regal Terrace, Renfrew, Rosedale, St. Andrew Heights, Sunnyside, and West Hillhurst.

A meeting will be held on Thursday June 20, 2013 at 7:30 at the Hillhurst Sunnyside Community Association located at 1320 5th Ave NW, Calgary for the purpose of electing a Board of Directors, business arising from the AGM and approving the Constitution. A 2013 Progressive Conservative Association of Alberta membership is required to be able to vote and you must reside within the boundaries of the constituency. Memberships are available for sale at the PCAA website www.pcalberta.org. New members are welcome. Members must show proof of age and primary residence within the boundaries of the Constituency to be eligible to vote. For further information or if you wish to become a member of the board, please contact:

Evan Legate at
eglegate@live.com
or call 403 605-5035

PC Alberta

MODERN LIVING

NEW TECHNOLOGY AT BRIDGELAND CROSSINGS

As technology changes, so should our homes, according to David Magnan, sales director of Bridgeland Crossings.

“Homebuyers today should be able to live their lives with the best possible conveniences,” he says. “Bridgeland Crossings was designed specifically to deliver that.”

The development’s 151 condos range from one-bedroom to two-bedroom-and-den sizes, priced from just \$299,900 and are outfitted with technologies to support modern living.

“We really thought about how people live today and what features would make our homes better,” Magnan says.

Phones and handheld devices have become a big part of many people’s existence, so Apex Cityhomes, the developer, has placed combination electrical outlets with USB connections in the kitchen and bedrooms.

“This way, you’re not fighting over out-

lets,” Magnan laughs. “It comes in really handy for plugging in your phone by the bed, or using your tablet as a recipe book in the kitchen.”

Advanced temperature control systems come standard in all Bridgeland Crossings homes.

The new technology called the Nest Learning Thermostat “monitors your temperature needs and adapts to them,” Magnan says. “For instance, on a chilly day it turns up the heat a few minutes before you usually return from work. You can also control it remotely from your phone.”

Homes at Bridgeland Crossings are designed and constructed with quality and comfort in mind.

“For Calgarians, it’s important to have the comforts of living, so bedrooms are large enough for king-size bed. Fridges are full-size,” Magnan says.

Buyers can choose from two colour



CONTRIBUTED

schemes, light and dark. The durable laminate flooring comes in a vintage oak finish and 100 per cent pure new wool carpeting in the bedrooms.

The kitchen is a chef’s playground, with high-end stainless appliances by Kitchen-Aid, Faber and Fisher Paykel, gas cooktops, under-cabinet task lighting, engineered stone countertops, white tile backsplash and a double undermounted steel sink.

Flexible, open layouts optimize each

floor plan and allow lots of light into the space, along with the expansive windows.

When residents want to enjoy the outdoors, they need only go as far as their expansive decks and terraces. Beautiful for enjoying a local craft brew, or developing that burger-flipping wrist.

Visit the presentation centre at 824 1st Ave. NE. Open daily (except Fridays) from noon to 6 p.m. For more, call 403-269-2805 or visit bridgelandcrossings.com.

ADDING TO BRIDGELAND’S VIBRANCY

Calgary is a rich mix of old and new, tradition and innovation. The Bridgeland neighbourhood is the essence of that, says David Magnan, sales director of Bridgeland Crossings.

“Bridgeland is an established neighbourhood with heritage homes and beautiful parks, but it’s also increasingly attracting young people and new businesses,” Magnan says.

Based on the north side of the Bow River close to the new St. Patrick’s Bridge, to be completed this fall, Bridgeland is a strategic place to buy in Calgary, according to Magnan.

“The bridge will connect Bridgeland with St. Patrick’s Island and the East Village downtown,” Magnan says.

“The Bow Building is just a 20-minute walk away.

“We’ve been getting a lot of people wanting to live at Bridgeland Crossings for its proximity to downtown and Kensington,” he says. “It’s more affordable than downtown and not as urban. Not everyone wants to walk out their front door to concrete towers. Bridgeland has parks, playgrounds, trees, and amazing pedestrian pathways and bike routes.”

Bridgeland is also home to lots of



CONTRIBUTED

independent retailers, delis, coffee shops, grocery stores and restaurants.

Over the bridge, the city of Calgary is currently working to upgrade St. Patrick’s Island. When complete in fall 2014, it will offer boardwalks, paths and plazas that connect the island’s focal points — the old-growth Gallery Forest, the Play-mound children’s play area, the Picnic Grove, the Lookout and more.

Bonnie Bokenfohr and her husband, Kevin, just bought a penthouse suite at Bridgeland Crossings. The location cinched the deal for them, she says.

“Everybody loves Bridgeland in Calgary,” she says.

“We were looking for a place that was smaller, more central and that would al-

low us to lead a more active lifestyle.

“My husband works downtown, so now he can take the CTrain or walk to work. The great thing about living here is that you won’t always need a car.”

Bridgeland Crossings will have access to Car2Go vehicles for shared use by residents. The city allows Car2Go cars to park at meters for free.

Back home, Bridgeland comes with plenty of useful and enjoyable amenities, including a fully equipped fitness centre, urban garden and courtyard, putting green and a guest suite for your out-of-town visitors.

“Bridgeland is not up-and-coming, it’s already here,” Magnan says. “We’re just adding to that vibrancy.”

LUXURY PLUS AFFORDABILITY

The number of heritage neighbourhoods in Calgary is finite and space is limited, so Bridgeland Crossings is offering an opportunity for buyers that may not come around again for a long time, says David Magnan, sales director of Bridgeland Crossings.

“A quality building at a great price in an established neighbourhood — rarely will you see that in Calgary,” Magnan says. “Bridgeland Crossings will probably be one of the last developments to offer this in our city.”

The young professional who always wanted to live downtown is now realizing that it’s going to cost far more to live near Eau Claire than to live just across the river, he says.

“There’s a reason why people aren’t living downtown in the micro condos. They’re choosing to live in a more home-sized place with room for a king-sized bed and a real dining area.”

For \$400,000, residents can get a beautiful two-bedroom, two-bath condo looking out onto the river and the view of downtown.

“That’s a big catch,” Magnan says.

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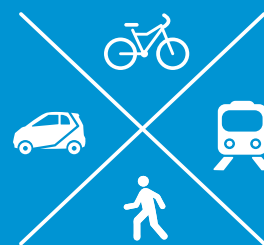
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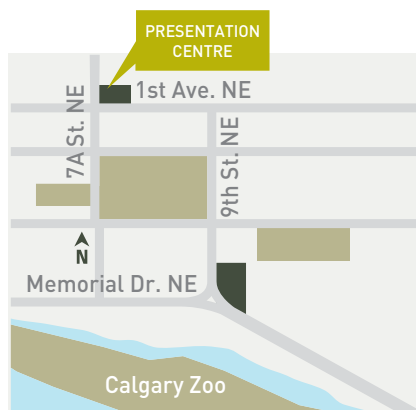


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The developer reserves the right to make changes to the information contained herein without notice.

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Decorating trends for the cool kids

In a few weeks school will be ending for many elementary school children. With a week or two lagging before summer camp, it's a great time to get them organizing and sprucing up their bedrooms. Online shopping is easier than ever, so maybe it's time to let the kids be creative and do a little shopping for ways to 'trend-up' their room; of course you will want to keep your credit card number a secret! Here's a few smart decor items to create an on-trend wonderland.



**DESIGN
CENTRE**
Karl Lohnes
home@metronews.ca

Sleeping in space

When the lights go out you're off to outer space with the photorealism of the Astronaut Duvet Cover Set, \$95, Simons.ca.



Dream Beds

Gypsy prints inspire hours of mind-wandering and writing in diaries with the Daydreamer Quilted Collection, \$48 to \$228, anthropologie.com.



Keeping it organized

Keep everything organized with fabric-covered boxes and totes. Geo Storage Boxes, \$29 to \$39, potterybarnkids.ca.



Removable wall art

Direct traffic in and out of your bedroom with iconic road signs that are peel and stick easy! Road Signs, \$35 set of 14 stickers, wallpops.com.



Earth under foot

Play on top of the world with the Trompe L'œil Earth Floor Mat, \$175 (4x6), urban-outfitters.com.



Sit pretty

Create a whimsical wonderland bedroom with a colourful crocheted toadstool. Mushroom Pouf, \$168, anthropologie.com.



6 Ways to use Scandinavian style in your decor

Perhaps to alleviate the dreariness of long northern winters, Scandinavian style tends toward folk-art florals, crisp checks, plaids and stripes and wood furniture left natural or painted in colours that evoke the region's natural beauty. The look is casual and easy, with playful touches and a simple yet refined vibe. If all that sounds appealing, you'll find many pretty, Scandinavian-inspired decor options this season.

THE ASSOCIATED PRESS

Speckled Blooms curtain

The light and airy Speckled Blooms cotton curtain features a hyacinth repeat in rosy pink and green on white. Pair it with a few painted furniture pieces and a striped rag rug in similar hues, and you're off to a great Scandi-style start. anthropologie.com



Ikea Isala table

An airy, pared-down version of neo-classical design was the hallmark of 18th century Gustavian design, which has become popular outside of Sweden in the last 20 years. Ikea's Isala side table is a great example, in clean white or forget-me-not blue.



Fesi throw pillows

Fesi pillows from the Philadelphia-based design house Mushmina feature a Moroccan-embroidered pattern, yet look like a snowflake or ski haus motif. Pillows are a quick and easy way to introduce Scandinavian design elements.

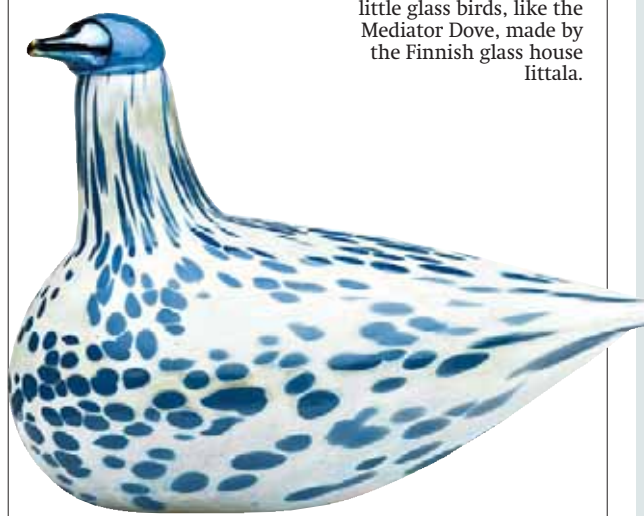
Amora duvet cover

An Amora duvet cover features a South American decorative motif that echoes those of Scandinavian country design. The bright colours of the embroidery are appealing, and the white background is typical of Scandi-design. anthropologie.com



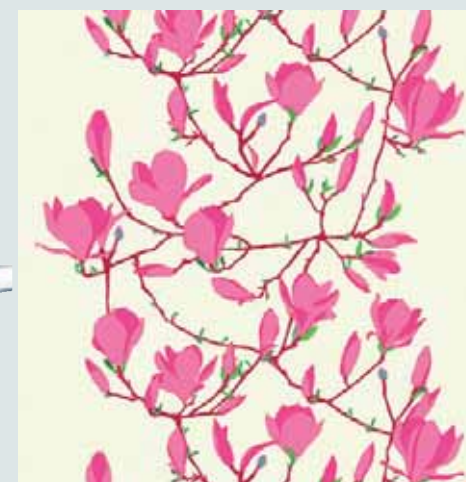
Glass birds

Also at finnstyle.com, find Oiva Toikka's plump little glass birds, like the Mediator Dove, made by the Finnish glass house Iittala.



Keisarinna Fabric pattern

Erja Hirvi's Keisarinna fabric for Marimekko, with white magnolia blossoms and branches scattered on dove grey. Available at finnstyle.com.



Summery decor can brighten your home during any season

Seasonal. Designers offer tips on using summer as your decorating inspiration

The sun-drenched colours and inviting textures of summer provide plenty of decorating ideas. The trick is doing it right: A summer-inspired interior can become a tacky, tropical disaster if it's done with too heavy a hand.

But with a light touch and strategic choices, your home can be brightened all year long by the fleeting beauty of summer.

Above all, "do not be literal with summer," says Los Angeles-based designer Betsy Burnham. Avoid putting up a sign that says, "Gone Fishin'" or displaying a collection of seashells on a table, she says.

Instead, try examining the



A kitchen designed in teal with white cabinets. Teal is one of designer Brian Patrick Flynn's go-to colours for adding bold, Caribbean style to interiors. BRIAN PATRICK FLYNN/ THE ASSOCIATED PRESS PHOTO



The sun-drenched colours and windswept beachfront textures of summer provide ample inspiration for indoor decorating. THE ASSOCIATED PRESS PHOTO/LUCAS STUDIO, INC.

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colours inside a handful of shells, then decorating a room in those shades. Or upholster one piece of furniture in crisp, summery linen, rather than slip-covering an entire room that way.

Designer Joe Lucas of Lucas Studio in West Hollywood, agrees: A life preserver with the words "To the Beach" painted on it may not be something you want to hang up, he says, even if you really live a block from the beach. But a mix of sand-coloured paint and ocean blue fabrics can be a tasteful reminder of summers by the shore.

Here, Burnham, Lucas and decorademon.com founder Brian Patrick Flynn offer tips on successfully using summer as your design inspiration.

Summer relaxation

"Summery interiors are best described as relaxed," Flynn says. "While autumnal and wintry spaces are packed with rich velvets and earthy palettes, summery spaces are super-light, unstructured and pretty darn casual."

Flynn uses deliberate contrast to point up that casual feeling: "I like to juxtapose super-relaxed elements such as slipcovers or bedding made from washed linen with super-tailored elements such as tailored tartan or pinstripe accents. The result is preppy, but still casual."

One option is a palette of muted summer colours (sandy beiges, soft driftwood greys, nautical blues), which can be used throughout a room without overpowering it.

Lucas is a fan of very pale grey wall colours that include just a hint of green or blue. They look great alongside natural, pale wood furniture.

Flynn recommends "washed-out blue" wall colours, such as "Krypton" by Sherwin-Williams or "Drenched Rain" by Dunn-Edwards. "Blues with the perfect amount of grey in them tend to be timeless and also work as new neutrals — colours with tons of personality which tend to work well with almost every other hue out there, as opposed to boring beiges and taupes."

These muted blues pair beautifully with white, he says: "The mix of blue and white together is totally timeless, plus it can be mixed up in many different ways to update the look. Almost all colours accent blue and white well."

The other summery option is to go vivid, using grassy greens, geranium reds, deep corals and the teal of tropical waters. Done right, these colours can elevate the look of a room.

"I'm a huge fan of teal and coral," Flynn says. "I especially love them together, since it strikes the perfect balance of feminine and masculine."

"People always think that they have to have their wood finished in a stain," Burnham says. "Why not a painted finish? Paint your bookcases white ... It's summery, but livable year-round. Or try painting a floor somewhere in your house, like a guest room floor."

Lucas agrees: "We're always pushing clients to paint out their dark cabinets," he says. "Everyone thinks their library has to be stained a rich mahogany or dark walnut," but there are better approaches. "Paint it an off-blue-grey or lacquer it a fun, brighter colour."

Summer is natural textures

"Summery textures really make you want to curl up, kick your sandals off, and just escape with a book or magazine," Flynn says. "I use tons of linen in summer-inspired spaces, as well as cotton and textured wovens." Also, he says, "sea grass and sisal are other summery textures which will never go out of style."

The key with these materials, says Burnham, is moderation. Materials like rope or weathered wood are great "as long as you don't have a room full of any of those items. One sisal carpet, a rattan chair or a rattan seat on a wood chair," is all you need, says Burnham.

Also, "glass is summery," she says, "but not cut glass. Not Waterford crystal. Just really simple, New England looking pieces. Really simple glassware on a shelf." THE ASSOCIATED PRESS

Summer is distinctive colours

Summer is painted wood



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Cream-heavy Pasta Primavera slims down for the summer



ROSE REISMAN
for more, visit
rosereisman.com or follow
her on twitter @rosereisman

This is my light version of Pasta Primavera, which is usually made with a heavy

cream sauce loaded with calories and fat.

1. Cook pasta in boiling water according to package instructions or until firm to the bite. Just before the pasta is cooked, add the broccoli, snow peas, red peppers

and green peas to the boiling water, and cook for 2 minutes. Drain and place in serving bowl. Add tomatoes, basil, parsley and cheese.

2. Meanwhile, make the sauce: In nonstick saucepan, melt margarine; add flour

and cook for 1 minute, stirring constantly. Slowly add milk, stock, garlic, and salt and pepper; stir constantly until sauce slightly thickens, approximately 4 minutes. Add 1/4 cup grated Parmesan cheese until melted. Remove from heat. Add to pasta,



This recipe serves six. It contains 390 calories and seven grams of fat per serving. MARK SHAPIRO, FROM ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE)

garnish with 1/3 cup grated Parmesan and toss well. ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE) BY ROSE REISMAN

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Ingredients

- 12 oz linguine
- 1 1/2 cups chopped broccoli
- 1 1/2 cups chopped snow peas
- 1 cup sliced red peppers
- 1 cup frozen green peas
- 1 2/3 cups chopped tomatoes
- 1/2 cup chopped fresh basil
- 1/4 cup chopped parsley
- 1/3 cup grated Parmesan

cheese

Sauce

- 1 tbsp margarine or butter
- 2 tbsp all-purpose flour
- 1 cup 2% milk
- 1 1/4 cups chicken stock
- 1 1/2 tsp crushed garlic
- Salt and pepper
- 1/4 cup Parmesan cheese

For your phone



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Kris Abel
@RealKrisAbel
life@metronews.ca

Mind Watering (iPad; \$4.99)

With ingredients perfectly laid out, timers at the ready and page-turning voice commands, this very visual step-by-step cookbook of 51 recipes and tricks is deliciously organized.



Metro Exclusive

Cook with Vikram Vij and Metro

Metro and Vikram Vij are teaming up once again to give readers on opportunity to cook along with the renowned chef during a live webstream tonight at

9 ET/6 PT at metronews.ca/vijcooklive. Don't have your ingredients yet? Go to metronews.ca to download a shopping list so you can hit the store on your way home. You can also get a copy of the recipe so you can follow along as Vij cooks live. You will also be able to tweet him at #VijCookLive. **METRO**

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Pricing in effect Thursday, June 6 to Sunday, June 9, 2013. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. We reserve the right to limit quantities. GST is extra where applicable.

NHL

Keith suspended for Game 4 in L.A. after high stick

If the Chicago Blackhawks are going to end the Los Angeles Kings' perfect post-season on home ice in Game 4 of the Western Conference final, they'll have to do it without their top defenceman.

Duncan Keith will sit out Thursday under a one-game suspension for high-sticking Los Angeles' Jeff Carter. Keith hit Carter with a one-handed blow in the second period of the Kings' 3-1 victory in Game 3, opening a 20-stitch gash on the star forward's face and cracking three of his teeth.

THE CANADIAN PRESS

House of Commons

Bill legalizing MMA passes

The House of Commons has passed a bill legalizing contact sports such as mixed martial arts.

The legislation, which originated in the Senate, takes certain fighting sports, including taekwondo and karate, as well as MMA, out of legal limbo.

THE CANADIAN PRESS

French Open

Sharapova makes up for poor start

Maria Sharapova shrugged off losing the first six games and swept the last four to reach the French Open semifinals. The defending champion overcame a miserable start in the quarterfinals Wednesday to beat Jelena Jankovic, 0-6, 6-4, 6-3.

THE ASSOCIATED PRESS



Bruins Patrice Bergeron, left, and Brad Marchand celebrate the former's game-winning goal in double overtime against the Penguins in Game 3 of the Eastern Conference final on Wednesday in Boston. The final score was 2-1. The Bruins now lead the series 3-0. JARED WICKERHAM/GETTY IMAGES

Bruins bury Pens in double overtime

NHL playoffs. Boston digs Pittsburgh a deep hole, going ahead 3-0 in the series on Bergeron's game-winning goal

Patrice Bergeron scored 15:19 into the second overtime to lead the Boston Bruins to a 2-1 victory over the Pittsburgh Penguins and a 3-0 series lead in the Eastern Conference final on Wednesday night.

The victory put Boston in control of the best-of-seven

Game 3	
2	1
Bruins	Penguins

series and a chance to advance to the Stanley Cup final in Game 4 on Friday night at home.

Tuukka Rask stopped 53 shots for the Bruins.

Tomas Vokoun made 38 saves for the Penguins one

game after he was yanked from the net after giving up three quick goals in the first period.

It is the first time all season that Pittsburgh has lost three consecutive games.

The good news for the Penguins: The last of three teams to blow a 3-0 lead in an NHL playoff series was Boston, which lost four in a row to Philadelphia in the 2010 Eastern Conference semifinals.

After two Boston blowouts, the Penguins matched the Bruins and even outshot them 39-25 in regulation — including a third period in

which Pittsburgh held a 14-4 advantage despite two Boston power plays. The Bruins didn't muster a shot in the final 7 1/2 minutes of regulation.

But the Bruins had the better chances in overtime, including Nathan Horton's breakaway that Vokoun turned aside just 2:21 in, and another shot by Horton that went off the right post with 12:25 on the clock.

Pittsburgh forced Rask to make a save with five minutes left in the first OT, when Craig Adams tried to poke home a rebound. **THE ASSOCIATED PRESS**

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Jays starter R.A. Dickey cracks a double on Wednesday to cash in Toronto's first run in San Francisco. MARCIO JOSE SANCHEZ/THE ASSOCIATED PRESS

A most interesting interleague outcome

Staying thirsty. Jays starter Dickey sparks offence, pitches 8-plus innings of two-hit ball in San Francisco

With his knuckleball dancing, R.A. Dickey once again looked like the Cy Young Award winner the Toronto Blue Jays acquired in the off-season.

Dickey allowed two hits in 8 1/3 innings and sparked a four-run fifth with an RBI double,

On Wednesday	
4	0
Blue Jays	Giants

leading Toronto to a 4-0 victory over the San Francisco Giants on Wednesday.

"He was just about perfect today," Blue Jays manager John Gibbons said. "He had it all going on. He was in the strike

zone. Everything was really dancing today.... That's him at his best right there."

Mark DeRosa added a two-run single and Adam Lind had three hits for his eighth multi-hit performance in the past 12 games, helping the Blue Jays earn a split of the two-game series.

Barry Zito (4-4) was done in by the one big inning in his first loss at home since last August.

Dickey (5-7) bounced back from a pair of starts in which he allowed six runs each to Baltimore and Atlanta and the back and neck problems that

contributed to his slow start in Toronto seem to be in the past.

He was able to change speeds with his knuckler and throw it for strikes all game.

"I was changing speeds a lot today, which was good," Dickey said. "I was able to throw a 63, 64 miles per hour one for a strike and I was able to throw a 79 miles per hour one for a strike. As I've gotten healthier, I felt like I've been able to have the latitude to be able to do that. Before it was just trying to muster everything I could to survive an outing."

THE ASSOCIATED PRESS

NBA. Payback's a wish for James in NBA finals

Before reaching the top of basketball, LeBron James was run over by the San Antonio Spurs.

The Spurs swept James' Cleveland Cavaliers in the 2007 NBA finals, so long ago that the winning game plan focused on exploiting James' weaknesses. Those are nearly impossible to find now, and James essentially warned the Spurs that they shouldn't bother looking.

The Spurs already know.

"He'll be a lot more of a problem than he was in '07, that's for sure," Spurs coach Gregg Popovich said Wednesday.

Tim Duncan told the beaten James minutes after that series that the league would someday belong to him, and he was right. The NBA's MVP guided Miami to last year's championship and the league's best record this season.

Now the Spurs will try to take it back.

But James is surrounded by more talent in Miami than he ever had in Cleveland, and still carries the memory of the beating the Spurs laid on him six years ago.

"I have something in me that they took in '07. Beat us on our home floor, celebrated on



LeBron James THE ASSOCIATED PRESS

our home floor. I won't forget that. You shouldn't as a competitor. You should never forget that," James said.

He joined the Heat in 2010, experienced more finals failure a year later, then was finals MVP last year when Miami beat Oklahoma City in five games. Another title now would put him halfway to the four that Duncan and Popovich have won together.

"That's what I'm here for," James said. "I'm here to win championships, and you're not always going to be on the successful side. I've seen it twice, not being on the successful side." THE ASSOCIATED PRESS

Biogenesis clinic

Massive MLB PED probe underway

Major League Baseball is interviewing players linked to a Miami anti-aging clinic that allegedly sold performance-enhancing drugs and has become the focus of the sport's investigation.

Clinic founder Anthony Bosch has agreed to talk with MLB, according to reports, and union head Michael

Weiner said Wednesday that "no decisions regarding discipline have been made or will be made until those interviews are completed."

Alex Rodriguez, Ryan Braun, Nelson Cruz, Toronto's Melky Cabrera and Bartolo Colon are among a dozen or so whose names have been tied to the now-closed Biogenesis of America clinic. Cabrera served a 50-game ban after testing positive for testosterone last year. THE ASSOCIATED PRESS



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Grant pulls no punches ahead of UFC title fight



PHILIP CROUCHER
Metro in Halifax

T.J. Grant now knows the date of the biggest fight of his MMA career.

The 29-year-old from Cole Harbour, N.S., will be headlining UFC 164 in Milwaukee as he takes on champion Benson Henderson for the lightweight title on Saturday, Aug. 31.

Grant earned his first-ever UFC title shot by disposing of Gray Maynard at UFC 160 in Las Vegas last month in an impressive first-round TKO.

"A big opportunity for me, man.... The emphasis is all Benson Henderson from here on out," Grant said Wednesday.

"This is really the epitome of sport, to fight for a world title. To get the opportunity to do that, it doesn't even seem like it has sunk in yet."



Nova Scotia's T.J. Grant will face Benson Henderson with a UFC title on the line at UFC 164 in Milwaukee on Aug. 31. METRO FILE

Grant is going into the fight in great shape — both physically and mentally. His fight against Maynard ended just 2:07 into the first round, meaning little in the way of damage to Grant.

The victory also improved

his record to 5-0 since moving to lightweight, helping to grow his confidence and reputation as one of the best fighters in the division.

However, Henderson will be the toughest test Grant's ever faced. Henderson, 29,

is 18-2 and has won three straight title defences. As well, because it's a title fight, it will be scheduled for five five-minute rounds instead of three.

"He's the champ. He's got a lot of tools in his arsenal," Grant said. "He's really got no weaknesses, but there's obviously points that you have to look to exploit, things I think I'm good at and he's not. Just have to find those. At this level, they don't get any easier and this fight is definitely going to be the toughest fight of my life."

The fight isn't the only major event coming up in Grant's life. The new father of five-week-old baby girl Casey is also getting married on Oct. 5 to his fiancée Belinda.

"I am just looking forward to doing my best to win this fight so I can enjoy my wedding," he said.

Player safety

Who will be visor's equivalent of Mac-T?

Who will be the visor what Craig MacTavish is to the helmet?

Ryan Getzlaf? Jamie Benn? Ryan O'Reilly? All are young NHL stars who took off the shield as soon as they made The Show.

MacTavish, now the general manager of the Edmonton Oilers, holds claim to the trivia-friendly title of being the last player in the NHL to go without a helmet.

MacTavish played his last game in 1997, a full 18 years since the NHL grandfathered in mandatory helmets. Players who signed their first pro contract after June 1, 1979, were required to wear helmets.

MacTavish made it just under the wire. His first season was 1979-80, but he signed his first pro contract prior to the deadline.

Starting for the 2013-14 season, any player with 25 or fewer NHL games (including playoffs) to their credit will be forced to wear visors for the rest of their career. Those at 26 games or more will



Craig MacTavish was the last helmetless player in the NHL. GETTY IMAGES

have a choice.

"I thought it was inevitable, and I'm glad to see them put that in there," said Pittsburgh Penguins coach Dan Bylsma at the Eastern Conference final in Boston.

"I'm proud and encourage guys to wear visors," said Bruins coach Claude Julien.

About three-quarters of the league already wears visors. Some switched mid-season, notably Eric and Jordan Staal of the Carolina Hurricanes after the eye injury to their brother, Marc, of the New York Rangers.

Some are promising to switch next season, including Maple Leafs defenceman Mark Fraser, after taking a puck to the eye in the playoffs against Boston.

TORSTAR NEWS SERVICE

NHL PLAYOFFS

CONFERENCE FINALS

(Best-of-7; All Times Eastern)

EASTERN CONFERENCE

PITTSBURGH (1) VS. BOSTON (4)

(Boston leads series 2-0)

Wednesday's result

Pittsburgh at Boston

Monday's result

Boston 6 Pittsburgh 1

Saturday's result

Boston 3 Pittsburgh 0

Friday's game

Pittsburgh at Boston, 8 p.m.

Sunday's game

x-Boston at Pittsburgh, 8 p.m.

Tuesday, June 11

x-Pittsburgh at Boston, TBD

Wednesday, June 12

x-Boston at Pittsburgh, TBD

WESTERN CONFERENCE

CHICAGO (1) VS. LOS ANGELES (5)

(Chicago leads series 2-1)

Tuesday's result

Los Angeles 3 Chicago 1

Sunday's result

Chicago 4 Los Angeles 2

Saturday's result

Chicago 2 Los Angeles 1

Thursday's game

Chicago at Los Angeles, 9 p.m.

Saturday's game

Los Angeles at Chicago, 8 p.m.

Monday, June 10

x-Chicago at Los Angeles, 9 p.m.

Wednesday, June 12

x-Los Angeles at Chicago, TBD

x — played only if necessary

NBA PLAYOFFS

FINAL

(Best-of-7)

MIAMI (1) VS SAN ANTONIO (2)

Thursday's game

San Antonio at Miami, 9 p.m.

Sunday's game

San Antonio at Miami, 8 p.m.

Tuesday, Jun. 11

Miami at San Antonio, 9 p.m.

Thursday, Jun. 13

Miami at San Antonio, 9 p.m.

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	36	24	.600	—
New York	34	25	.576	1½
Baltimore	33	26	.559	2½
Tampa Bay	32	26	.552	3
Toronto	25	34	.424	10½

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	31	26	.544	—
Cleveland	30	29	.508	2
Minnesota	26	30	.464	4½
Chicago	25	32	.439	6
Kansas City	24	32	.429	6½

WEST DIVISION

	W	L	Pct	GB
Texas	36	22	.621	—
Oakland	36	25	.590	1½
Los Angeles	26	34	.433	11
Seattle	26	34	.433	11
Houston	22	38	.367	15

Wednesday's results

N.Y. Yankees 6 Cleveland 4

Chicago White Sox 7 Seattle 5 (16)

Chicago Cubs 8 L.A. Angels 6 (10)

Tampa Bay 3 Detroit 0

Texas 3 Boston 2

Houston 11 Baltimore 7

Kansas City 4 Minnesota 1

Tuesday's results

N.Y. Yankees 4 Cleveland 3

Detroit 10 Tampa Bay 1

Boston 17 Texas 5

Baltimore 4 Houston 1

Minnesota 3 Kansas City 0

L.A. Angels 4 Chicago Cubs 3

Seattle 7 Chicago White Sox 4

Thursday's games

All times Eastern

Tampa Bay (Hernandez 3-5) at Detroit

(Scherzer 7-0), 1:08 p.m.

Baltimore (Gonzalez 2-2) at Houston (Norris 5-4), 2:10 p.m.

Texas (Holland 5-2) at Boston (Lester 6-2), 7:10 p.m.

Oakland (Straily 3-2) at Chicago White Sox (Quintana 3-2), 8:10 p.m.

Minnesota (Pelfrey 3-6) at Kansas City (Davis 3-5), 8:10 p.m.

N.Y. Yankees (Hughes 2-4) at Seattle (Harang 2-5), 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	37	22	.627	—
Philadelphia	30	30	.500	7½
Washington	29	30	.492	8
New York	23	33	.411	12½
Miami	16	44	.267	21½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	38	20	.655	—
Cincinnati	36	24	.600	3
Pittsburgh	35	25	.583	4
Chicago	24	33	.421	13½
Milwaukee	22	36	.379	16

WEST DIVISION

	W	L	Pct	GB
Arizona	33	25	.569	—
Colorado	32	28	.533	2
San Francisco	31	28	.525	2½
San Diego	26	32	.448	7
Los Angeles	25	32	.439	7½

Wednesday's results

Atlanta 5 Pittsburgh 0

Philadelphia 6 Miami 1

Oakland 6 Milwaukee 1

Toronto 4 San Francisco 0

N.Y. Mets 10 Washington 1

Colorado 12 Cincinnati 4

Arizona at St. Louis

San Diego at L.A. Dodgers

Tuesday's results

Philadelphia 7 Miami 3 (11)

Washington 3 N.Y. Mets 2

Colorado 5 Cincinnati 4

Atlanta 5 Pittsburgh 4 (10)

Milwaukee 4 Oakland 3 (10)

Arizona 7 St. Louis 6 (14)

L.A. Dodgers 9 San Diego 7

San Francisco 2 Toronto 1

Thursday's games

All times Eastern

N.Y. Mets (Marcum 0-6) at Washington

(Gonzalez 3-3), 7:05 p.m.

Arizona (Kennedy 3-3) at St. Louis (Miller 6-3), 7:15 p.m.

Philadelphia (Cloyd 1-2) at Milwaukee

(Peralta 4-6), 8:10 p.m.

San Diego (Cashner 4-3) at Colorado (Chacin 3-3), 8:40 p.m.

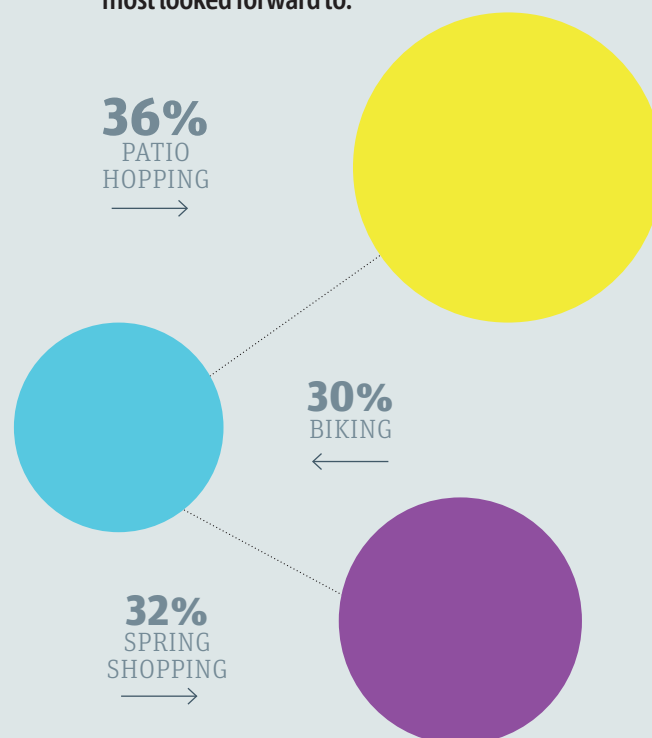
Atlanta (Hudson 4-4) at L.A. Dodgers

(Greinke 2-1), 10:10 p.m.



Lunch meeting...on the patio!

We asked our Metropolitan Panel what spring activity they most looked forward to.*



Share your opinion. Join our Metropolitan Panel at www.metropolitan.ca

*Selections were not exclusive of each other and included other activities.

Horoscopes

♈ Aries

March 21 - April 20

Someone will call on you to mediate a dispute today and while you would prefer not to get involved, you can't really say no. Look at the facts and deliver your verdict — then get out of the way fast.

♉ Taurus

April 21 - May 21

It may be tempting to get angry with someone who brings you bad news but it's not their fault — and won't solve a thing. Besides, if you are honest, you'll admit part of the blame rests with you.

♊ Gemini

May 22 - June 21

Cosmic activity in and around your birth sign may make all things possible but you still need to select your aims with care. Even a Gemini has only a fixed amount of time and energy to invest. Use it wisely.

♋ Cancer

June 22 - July 23

For some reason, you appear to believe that if you don't act immediately you will miss out. Nothing could be further from the truth. In fact, you should drag your feet a little.

♌ Leo

July 24 - Aug. 23

If you try to please too many people, you will end up pleasing no one. You can't do favours for everyone but you can do favours for those who count the most — or whose need is most urgent.

♍ Virgo

Aug. 24 - Sept. 23

A plan close to your heart is coming together and you are almost ready to announce it to the world. Don't be too hasty. Make sure it's foolproof.

♎ Libra

Sept. 24 - Oct. 23

Don't read into what others say today. Most likely they are talking about things they know nothing about. Trust your instincts, even when they lead you in a different direction than everyone else.

♏ Scorpio

Oct. 24 - Nov. 22

Put the past behind you and move on with a smile. Whatever mistakes you may have made mean nothing now, so why make a big issue of them? Life is a learning experience, with lots of loving.

♐ Sagittarius

Nov. 23 - Dec. 21

Never mind what others expect of you, what do you expect of yourself? That question is important but never more so than now as the approaching new moon maximizes your options. Identify your goals.

♑ Capricorn

Dec. 22 - Jan. 20

You may not be the sort to back out of a fight but you are smart enough not to start one when you know you can't win. Someone you work with may be a drag but they also have all the power, so be nice.

♒ Aquarius

Jan. 21 - Feb. 19

Tempers may get a bit frayed today but looking back you may wonder what all the fuss was about. Still, it's always good to get bad feelings out in the open.

♓ Pisces

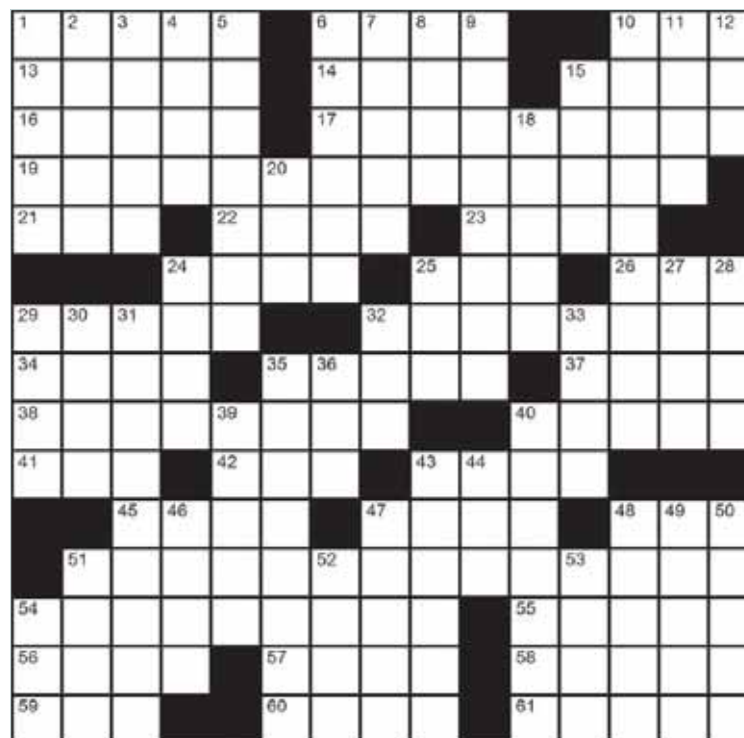
Feb. 20 - March 20

Pay attention to a colleague's personal needs today because their interests and your interests are more closely connected than you might imagine. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Bard's below
6. Carlos ___ (Spanish tennis player)
10. ___-mo replay
13. Bonus
14. Mischa of "My Man Godfrey" (1936)
15. "Take ___ face value."
16. Measuring stick
17. Rolled-around breakfast sight at work: 2 wds.
19. JUNE 6TH, 1944: Juno, Gold, Sword, Omaha and Utah: 2 wds.
21. Progressive rock band
22. Ye's follower
23. "To Live and Die ___." (1985)
24. Russian assembly
25. Trellis plant
26. Dove's murmur
29. Batman abode, Wayne ___
32. Escape from prison: 2 wds.
34. Camaro model, ___-Z
35. Attempts
37. Against
38. Tidy or groom: 2 wds.
40. Category
41. Fitness system, ___ Bo
42. Mil. command posts
43. Eminem movie, "8 ___" (2002)
45. Shirley Ann ___



- (Pulitzer-winning writer)
47. Drive a bike
 48. Potpie morsel
 51. Meal time-savers: 2 wds.
 54. "___ in Seattle" (1993)
 55. Annuls
 56. Camping beds

57. Have ___ to pick
58. Mr. Coombs of "Mr. Dressup"
59. "___ showtime!"
60. Lacking
61. Adjust, as an alarm clock

Down

1. Broken-eyeglasses-

- with-tape characteristic
2. Give off, as confidence
 3. Maps book
 4. Deuce-ace
 5. Halifax ___
 6. Ancient fortress atop a plateau of Israel

7. Unit of weight
8. Casual affirmative
9. In Ottawa: Library and ___ Canada
10. Quebec City, when it was an Iroquoian village
11. Metallica drummer Mr. Ulrich
12. Baseball great Mel

15. Suffix with 'Poet'
18. Where Nairobi is the capital
20. Tree type
24. TV show genre, ___-drama
25. Choler
27. Baseball stats
28. "Willie and the Hand Jive" by Johnny ___
29. Maid of the ___ (Boat ride at Niagara Falls)
30. Harp, in Italy
31. Tom Cochrane tune: 2 wds.
32. Marcel Marceau's clown
33. Leafy veggie
35. Agave beverages
36. Toys "___" (Chain store)
39. Victor
40. The ___ Family, as on TV classic "Leave It to Beaver"
43. Central spots
44. Partners to egos
46. Roger who played Robin Colcord on "Cheers"
47. Myrrh, for example
48. Inflections
49. Moviedom's Mr. Murphy
50. Strong point
51. Conspiracy
52. "___: Warrior Princess"
53. Handed-down history
54. ___-Fi

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

Yesterday's Crossword

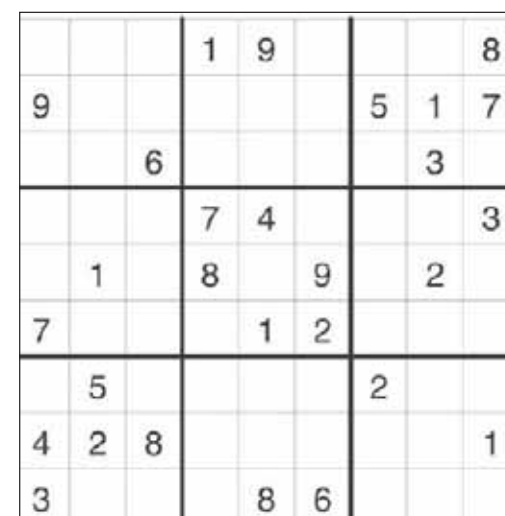


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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MIN: 9°MAX: 20°
MIN: 11°MAX: 16°
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ALL REBATES TO DEALER. PRICE INCLUDES ALL FEES EXCLUDES GST. VEHICLE MAY NOT BE EXACTLY AS SHOWN.

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